

## CURRICULUM VITAE - DIANE M. WIESE-BJORNSTAL

School of Kinesiology, College of Education and Human Development  
Sports Medicine Psychology Laboratory, University of Minnesota Twin Cities  
220B Cooke Hall, 1900 University Avenue SE, Minneapolis, MN 55455 USA  
Phone - 612-625-6580 or 612-625-5300; Fax - (612) 626-7700  
Email - [dwiese@umn.edu](mailto:dwiese@umn.edu); Web - <http://www.cehd.umn.edu/kin/people/dwiese.html>  
ORCID - <https://orcid.org/0000-0003-4824-3311>  
Web of Science Researcher ID #L-1408-2019

### RANK, EDUCATION, AND EMPLOYMENT

#### Current Academic Rank and Appointments

- Professor, School of Kinesiology
- Associate Director of the School of Kinesiology
- Graduate Education Faculty Appointments in Kinesiology, Prevention Science, and Sport Management

#### Education

Degree	Institution	Year
• BA	<b>Luther College, Decorah, IA</b> <ul style="list-style-type: none"><li>• <i>Summa Cum Laude</i></li><li>• <i>Major: Physical Education</i></li><li>• <i>Minor: Health Education</i></li><li>• <i>Emphases: Teaching K-12 Physical Education and Health Education licensure, Coaching</i></li><li>• <i>Advisors: Gretchen Brockmeyer, Betty Hoff</i></li></ul>	<b>1980</b>
• MS	<b>Springfield College, Springfield, MA</b> <ul style="list-style-type: none"><li>• <i>Major: Physical Education</i></li><li>• <i>Emphases: Teaching &amp; Administration, Biomechanics</i></li><li>• <i>Advisors: Barbara Jensen, Joe Scheuchenzuber</i></li></ul>	<b>1983</b>
• PhD	<b>University of Oregon, Eugene, OR</b> <ul style="list-style-type: none"><li>• <i>Major: Physical Education</i></li><li>• <i>Emphases: Social Psychology of Sport, Biomechanics</i></li><li>• <i>Advisors: Maureen Weiss, Barry Bates</i></li></ul>	<b>1989</b>

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

## **Certifications**

- Certified Mental Performance Consultant (CMPC, 2017-2023); Certified Consultant in Sport Psychology (CC-AASP, 2002-2017), Association for Applied Sport Psychology (Certification #168)

## **Positions/Employment**

### ***University of Minnesota, Twin Cities***

- Professor of Kinesiology 2015-date
  - Associate Director, School of Kinesiology 2017-date
  - Interim Director of Graduate Studies 2018
- Associate professor of Kinesiology 1994-2015
  - Director of Graduate Studies in Kinesiology 2010-2013
  - Director of Graduate Studies in Kinesiology & Leisure Studies 1997-2003
- Assistant professor of Physical Education 1989-1994
  - Coaching program coordinator
  - Undergraduate B.S. in kinesiology adviser
- Lecturer in Physical Education 1988-1989

### ***University of Oregon, Eugene***

- Graduate teaching and research fellow in Physical Education 1984-1988
- Coaching program coordinator 1985-1988

### ***Northwestern College, Orange City, IA***

- Lecturer in Physical Education 1982-1984
- Head women's volleyball and head women's softball coach 1982-1984

### ***Springfield College, Springfield, MA***

- Graduate teaching assistant in Physical Education 1981-1982

### ***University of Wisconsin-River Falls***

- Head women's softball coach 1981

## HONORS AND AWARDS

### University of Minnesota

- Distinguished Teaching Award, College of Education and Human Development, 2009
- Mortar Board Senior Honor Society Outstanding Professor Award, 1999
- Bush Faculty Development Program on Excellence and Diversity in Teaching, 1992

### External Sources

- Fellow, National Academy of Kinesiology (FNAK; Fellow # 582), inducted September 2018
- Journal of Sport Psychology in Action (JSPA) Reviewer of the Year Award, 2018
- Science Board Member, United States President's Council on Fitness, Sports and Nutrition (PCFSN), elected 2009-2012
- Research Consortium Scholar Lecturer, American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD), 2004
- Fellow, Association for Applied Sport Psychology (FAASP), elected 2002
- Dorothy V. Harris Young Scholar/Practitioner Award, Association for the Advancement of Applied Sport Psychology (AAASP), 1993
- Fellow, Research Consortium, Society for Health and Physical Education (SHAPE) (formerly the American Alliance for Health, Physical Education, Recreation, and Dance) (FSHAPE), elected 1992
- American Psychological Association (APA) Division 47 (Sport and Exercise Psychology) Outstanding Dissertation Award Co-recipient, 1990
- Central Association for Physical Education in Higher Education (CAPAHE) Young Scholar Award, 1989
- All-University Graduate Teaching Fellowship Award, Runner-up, University of Oregon, 1987

## RESEARCH AND SCHOLARSHIP

### Publications

Notations:

\* current or former student advisees as collaborators

<sup>APA</sup> APA authorship convention, i.e., authors listed in descending order of contribution

<sup>SR</sup> senior authorship convention, i.e., senior author/lab director/supervisor listed last

<sup>ALPHA</sup> alphabetical or random authorship convention, e.g., generally equal contributions

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

### Refereed Journal Articles

1. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Wood, K. N.\* , Principe, F. M.\* , & Schwartz, E. S.\* (2022). Religiosity and ways of coping with sport injuries among Christian athletes. *Journal of the Christian Society for Kinesiology, Leisure and Sport Studies*, 7(1), Article 6. <https://trace.tennessee.edu/jcskls/vol7/iss1/6/>
2. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Wood, K. N.\* , White, A. C.\* , Wambach, A. J.\* , & Rubio, V. J. (2020). Exploring religiosity and spirituality in coping with sport injuries. *Journal of Clinical Sport Psychology*, 14(1), 68–87. <https://doi.org/10.1123/jcsp.2018-0009>
3. Straw, C., Principe, F.\* , Kurtz, E., **Wiese-Bjornstal, D.**<sup>SR</sup> , & Horgan, B.<sup>SR</sup> (2020). Within-field variability of turfgrass surface properties and athlete performance: Modeling their relationship using GPS and GIS technologies. *Proceedings of the Institution of Mechanical Engineers. Part P: Journal of Sports Engineering and Technology*, 234(2), 170-175. <https://doi.org/10.1177/1754337119901090>
4. **Wiese-Bjornstal, D. M.**<sup>APA</sup>. (2019). The integrated model of religiosity and psychological response to the sport injury and rehabilitation process: A Christian illustration. *Canadian Journal for Scholarship and the Christian Faith* (Special issue: Wellness and the Christian Faith, October), 1–14. <http://cjscf.org/journal/wellness-and-the-christian-faith/356-2/>
5. Smith, A. M.\* , Alford, P. A., Aubry, M., Benson, B., Black, A.,...**Wiese-Bjornstal, D. M.**<sup>ALPHA</sup> , Stuart, M. J. (2019). Proceedings from the Ice Hockey Summit III: Action on Concussion. *Current Sports Medicine Reports*, 18(1), 23–34. [doi: 10.1249/JSR.0000000000000557](https://doi.org/10.1249/JSR.0000000000000557) (simultaneously published in *American Journal of Physical Medicine & Rehabilitation*; *Clinical Journal of Sports Medicine, Exercise Medicine*).
6. Russell, H. C.\* , Tracey, J., **Wiese-Bjornstal, D. M.**<sup>APA</sup> , & Canzi, E. (2017). Physical activity in former competitive athletes: The physical and psychological impact of musculoskeletal injury. *Quest*, 69(3), 1–17. <https://doi.org/10.1080/00336297.2017.1386114>
7. **Wiese-Bjornstal, D. M.**<sup>APA</sup> , White, A. C.\* , Russell, H. C.\* , & Smith, A. M.\* (2015). Psychology of sport concussions. *Kinesiology Review*, 4(2), 169–189. <http://dx.doi.org/10.1123/kr.2015-0012>
8. **Wiese-Bjornstal, D. M.**<sup>APA</sup> , Franklin, A. N.\* , Dooley, T. N.\* , Foster, M. A.\* , & Wings, J. B.\* (2015). Observations about sports injury surveillance and sports medicine psychology among female athletes. *Women in Sport and Physical Activity Journal*, 23(2), 64–73. <http://dx.doi.org/10.1123/wspaj.2014-0042>

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

9. Russell, H. C.\*, & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2015). Narratives of psychological response to microtrauma injury among long-distance runners. *Sports*, 3(3), 159–177. [doi:10.3390/sports3030159](https://doi.org/10.3390/sports3030159)
  
10. Smith, A. M.\*, Stuart, M. J., Dodick, D. W., Roberts, W. O., Alford, P. W., Ashare, A. B.,...**Wiese-Bjornstal, D. M.**<sup>ALPHA</sup> (2015). Ice Hockey Summit II: Zero tolerance for head hits and fighting. Simultaneously published in *Current Sports Medicine Reports*, 14(2), 135–144. [doi:10.1249/JSR.0000000000000132](https://doi.org/10.1249/JSR.0000000000000132); *Clinical Journal of Sports Medicine*, 25(2), 78–87. [doi:10.1097/JSM.0000000000000195](https://doi.org/10.1097/JSM.0000000000000195); and *Physical Medicine & Rehabilitation*, 7(3), 283–295. <http://dx.doi.org/10.1016/j.pmrj.2015.02.002>
  
11. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2014). Reflections on a quarter-century of research in sports medicine psychology. *Revista de Psicologia del Deporte*, 23(2), 411–421. <https://archives.rpd-online.com/article/view/v23-n2-wiese-bjornstal.html>
  
12. Omli, J.\*, & **Wiese-Bjornstal, D. M.**<sup>APA/SR</sup> (2011). Kids Speak: Preferred parent behavior at youth sport events. *Research Quarterly for Exercise & Sport*, 82(4), 702–711. [doi:10.1080/02701367.2011.10599807](https://doi.org/10.1080/02701367.2011.10599807)
  
13. Smith, A. M.\*, Stuart, M., Greenwald, R., Benson, B., Dodick, D., Emery, C.,...**Wiese-Bjornstal, D. M.**<sup>ALPHA</sup> (2011). Proceedings from the ice hockey summit on concussion: A call to action. *Clinical Journal of Sports Medicine*, 21(4), 281–287. [doi:10.1097/JSM.0b013e318225bc15](https://doi.org/10.1097/JSM.0b013e318225bc15) (Simultaneously published in the *American Journal of Physical Medicine & Rehabilitation*, *Clinical Journal of Sport Medicine*, *Current Sports Medicine Reports*, *Physical Medicine and Rehabilitation*, *Sports Medicine Bulletin*, and *The Clinical Neuropsychologist*)
  
14. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2010). Psychology and socioculture affect injury risk, response, and recovery in high intensity athletes: A consensus statement. *Scandinavian Journal of Medicine and Science in Sports*, 20 (Suppl. 2), 103–111. [doi:10.1111/j.1600-0838.2010.01195.x](https://doi.org/10.1111/j.1600-0838.2010.01195.x)
  
15. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2009). Sport injury and college athlete health across the lifespan. *Journal of Intercollegiate Sport*, 2(1), 64–80. <https://doi.org/10.1123/jis.2.1.64>
  
16. Omli, J.\*, LaVoi, N. M.\*, & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2008). Towards an understanding of the behavior of parent spectators at youth sport events. *Journal of Youth Sports*. 3, 30–33.
  
17. LaVoi, N. M.\*, Omli, J.\*, & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2008). Minnesota PLAYS™ (Parents Learning About Youth Sports): A research-based parent education solution. *Journal of Youth Sports*, 3, 14–16.

18. Morrey, M. A.\* , Stuart, M. J., Smith, A. M.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (1999). A longitudinal examination of athletes' emotional and cognitive response to anterior cruciate ligament injury. *Clinical Journal of Sports Medicine*, 9(2), 63–69. <https://www.ncbi.nlm.nih.gov/pubmed/10442619>
19. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Smith, A. M.\* , Shaffer, S. M.\* , & Morrey, M. A.\* (1998). An integrated model of response to sport injury: Psychological and sociological dynamics. *Journal of Applied Sport Psychology*, 10(1), 46–69. [doi:10.1080/10413209808406377](https://doi.org/10.1080/10413209808406377)
20. Smith, A. M.\* , Stuart, M. J., **Wiese-Bjornstal, D. M.**<sup>APA</sup>, & Gunnon, C. (1997). Predictors of injury in ice hockey players: A multivariate, multidisciplinary approach. *American Journal of Sportsmedicine*, 25(4), 500–507. <https://doi.org/10.1177/036354659702500413>
21. Wang, J.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (1996). The relationship of school type and gender to motives for sport participation among youth in the People's Republic of China. *International Journal of Sport Psychology*, 28(1), 13–24.
22. Wang, J.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (1995). A test of Harter's Competence Motivation theory in the People's Republic of China. *Journal of the International Council for Health, Physical Education, Recreation, and Dance*, 31(3), 35–39.
23. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Smith, A. M.\* , & LaMott, E. E.\* (1995). A model of psychologic response to athletic injury and rehabilitation. *Athletic Training: Sports Health Care Perspectives*, 1(1), 16–30. <https://docs.google.com/file/d/0B0nZJ230gMuganBmaGkxaVBMbW8/edit?pli=1>
24. Wang, J.\* & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1994). Mechanical and anatomical analysis of the soccer instep shot. *Strength and Conditioning*, 16(6), 34–38. [https://doi.org/10.1519/1073-6840\(1994\)016%3C0034:maaaot%3E2.3.co;2](https://doi.org/10.1519/1073-6840(1994)016%3C0034:maaaot%3E2.3.co;2)
25. Smith, A. M.\* , Stuart, M. J., **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Milliner, E. K., O'Fallon, W. M., & Crowson, C. S. (1993). Competitive athletes: Preinjury and postinjury mood state and self-esteem. *Mayo Clinic Proceedings*, 68(10), 939–947. [https://doi.org/10.1016/s0025-6196\(12\)62265-4](https://doi.org/10.1016/s0025-6196(12)62265-4)
26. Weiss, M. R., Ebbeck, V. S., & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1993). Developmental and psychological factors related to children's observational learning of physical skills. *Pediatric Exercise Science*, 5(4), 301–317. <https://doi.org/10.1123/pes.5.4.301>
27. Burton, A. W., Greer, N. L., & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1993). Variations in grasping and throwing patterns as a function of ball diameter. *Pediatric Exercise Science*, 5(1), 25–41. <https://doi.org/10.1123/pes.5.1.25>

28. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, & Weiss, M.R. (1992). Modeling effects on children's form kinematics, performance outcome, and cognitive recognition of a sport skill: An integrated perspective. *Research Quarterly for Exercise and Sport*, 63(1), 67–75. <https://doi.org/10.1080/02701367.1992.10607558>
29. Burton, A. W., Greer, N. L., & **Wiese, D. M.**<sup>APA</sup> (1992). Changes in overhand throwing patterns as a function of ball size. *Pediatric Exercise Science*, 4(1), 50–67. <https://doi.org/10.1123/pes.4.1.50>
30. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, & Dufek, J. S. (1991). The effect of weightload and footwear on kinetic and temporal factors in level grade backpacking. *Journal of Human Movement Studies*, 21(4), 167–181.
31. **Wiese, D. M.**<sup>APA</sup>, Weiss, M. R., & Yukelson, D. P. (1991). Sport psychology in the training room: A survey of athletic trainers. *The Sport Psychologist*, 5(1), 15–24. <https://doi.org/10.1123/tsp.5.1.15>
32. Smith, A. M.\* , Scott, S. G., & **Wiese, D. M.**<sup>APA</sup> (1990). The psychological effects of sports injuries: Coping. *Sports Medicine*, 9(6), 352–369. <https://doi.org/10.2165/00007256-199009060-00004>
33. Weiss, M. R., McAuley, E., Ebbeck, V., & **Wiese, D. M.**<sup>APA</sup> (1990). Self-esteem and causal attributions for children's physical and social competence in sport. *Journal of Sport and Exercise Psychology*, 12(1), 21–36. <https://doi.org/10.1123/jsep.12.1.21>
34. Weiss, M. R., **Wiese, D. M.**<sup>APA</sup>, & Klint, K. A. (1989). Head over heels with success: The relationship between self-efficacy and performance in competitive youth gymnastics. *Journal of Sport and Exercise Psychology*, 11(4), 444–451. <https://doi.org/10.1123/jsep.11.4.444>
35. **Wiese, D. M.**<sup>APA</sup>, & Weiss, M. R. (1987). Psychological rehabilitation and physical injury: Implications for the sportsmedicine team. *The Sport Psychologist*, 1(4), 318–330. <https://doi.org/10.1123/tsp.1.4.318>
36. Sisley, B. L., & **Wiese, D. M.**<sup>APA</sup> (1987). Current status: Requirements for interscholastic coaches. Results of the NAGWS/NASPE coaching certification survey. *Journal of Physical Education, Recreation and Dance*, 58(7), 73–85. <https://doi.org/10.1080/07303084.1987.10609607>

### **Books**

1. Ray, R., & **Wiese-Bjornstal, D. M.**<sup>ALPHA</sup> (Co-Editors). (1999). *Counseling in sports medicine*. Champaign, IL: Human Kinetics.

### **Book Chapters**

1. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2021). Personal and situational factors affecting psychological response to sport injuries. In A. Gledhill & D. Forsdyke (Eds.), *The psychology of sports injury: From risk to retirement* (pp. 33–62). Routledge. ISBN 9780367028695
2. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, Wood, K. N.\* , & Kronzer, J. R.\* (2020). Sport injuries and psychological sequelae. In G. Tennenbaum & R. Eklund (Eds.), *Handbook of sport psychology* (4<sup>th</sup> ed., Vol. 1, pp. 711–737). Wiley. ISBN: 978-1-119-56807-0
3. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2020). Sport injury psychology. In U. Johnson & A. Ivarsson (Eds.). *Psychological bases of sport injuries* (4th ed., pp. 11–30). Fitness Information Technology, Inc. ISBN: 9781940067407
4. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2019). Injury, psychological susceptibility to. In D. Hackfort, R. J. Schinke, & B. Strauss (Eds.), *Dictionary of sport psychology: Sport, exercise, and performing arts* (pp. 145–146). Elsevier Inc. Paperback ISBN: 9780128131503
5. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2019). Christian beliefs and behaviours as health protective, resilience, and intervention factors in the context of sport injuries. In B. Hemmings, N. J. Watson, & A. Parker (Eds.), *Sport psychology and Christianity: Welfare, performance and consultancy* (pp. 54–70). Routledge. ISBN 9780367731250
6. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2019). Psychological predictors and consequences of injuries in sport settings. In M. Anshel (Ed.), *APA handbook of sport and exercise psychology* (2<sup>nd</sup> ed., Vol. 1: Sport psychology, pp. 697–726). American Psychological Association. ISBN: 978-1-4338-3039-6
7. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2019). Sociocultural aspects of sport injury and recovery. In E. O. Acevedo (Ed.), *Oxford encyclopedia of sport, exercise, and performance psychology* (pp. 841–863). Oxford University Press. <http://dx.doi.org/10.1093/acrefore/9780190236557.013.174>
8. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, White, A. C.\* , Wood, K. N.\* , & Russell, H. C.\* (2019). Sports medicine psychology. In T. S. Horn & A. L. Smith (Eds.), *Advances in sport and exercise psychology* (4th ed.; pp. 387–408). Human Kinetics. Selected ISBN: 9781492528920
9. Russell, H. C.\* , White, A. C.\* , & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2017). Physical and psychological changes during marathon training and running injuries: An interdisciplinary, repeated-measures approach. *SAGE research methods cases in*

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*health* (pp. 1–12). Sage Publications Ltd.  
<http://dx.doi.org/10.4135/9781526420770>

10. Russell, H. C.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2016). A narrative approach to understanding psychological stories of overuse injuries among long-distance runners. *SAGE research methods cases in health* (pp. 1–12). Sage Publications Ltd. <http://dx.doi.org/10.4135/9781473971912>
11. Kihl, L. A., & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2014). Doing community based action research in an urban youth sport environment: Lessons learned. *SAGE research methods cases* (pp. 1–18). Sage Publications Ltd.  
<http://dx.doi.org/10.4135/978144627305014526826>
12. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Albinson, C. B.\* , Henert, S. E.\* , Arendt, E. A., Schwenz, S. J.\* , Myers, S. S.\* , & Gardetto-Heller, D. M.\* (2012). Evaluating the dynamic model of psychological response to sport injury and rehabilitation. In J. H. Bastos & A. C. Silva (Eds.), *Athlete performance and injuries* (pp. 79–98). Nova Science Publishers.
13. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Kenow, L.\* , & Flint, F. (2012). Psychological aspects of sport injury and rehabilitation. In S. Hillman (Ed.), *Core concepts in athletic training* (pp. 537–558). Human Kinetics.
14. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Robertson, T.\* , Foster, M.\* , Franklin, A.\* , & Wings, J.\* (2010). Prevention and care of athletic injuries. In J. Omli (Ed.), *International Sport Connection: Football coach training program for Uganda* (pp. 43–47). Minneapolis, MN: International Sport Connection.
15. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, LaVoi, N. M.\* , & Omli, J.\* (2009). Child and adolescent development and sport participation. In B. Brewer (Ed.), *International Olympic Committee (IOC) Medical Commission Handbook of Sports Medicine and Science: Sport Psychology Volume* (pp. 97–112, Chapter 10). Blackwell Publishing, Ltd.
16. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2009). Psychological dimensions of girls' physical activity participation. In S. R. Guthrie, T. M. Magyar, A. F. Masliszewski, & A. M. Wrynn (Eds.), *Women, sport, & physical activity: Challenges and triumphs* (2<sup>nd</sup> Ed.) (pp. 199–216). Kendall-Hunt.
17. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2004). Psychological responses to injury and illness. In G. S. Kolt & M. B. Andersen (Eds.), *Psychology in the physical and manual therapies* (pp. 21–38). Churchill Livingstone.
18. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2004). From skinned knees and Pee Wees to menisci and masters: Developmental sport injury psychology. In M. R. Weiss (Ed.),

*Developmental sport and exercise psychology: A lifespan perspective* (pp. 525–568). Fitness Information Technology.

19. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & Shaffer, S. M.\* (1999). Psychosocial dimensions of sport injury. Chapter in R. Ray & D. M. Wiese-Bjornstal (Eds.), *Counseling in sports medicine* (pp. 23–40). Human Kinetics.
20. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, Gardetto, D. M.\*, & Shaffer, S. M.\* (1999). Effective interaction skills for sports medicine professionals. Chapter in R. Ray & D. M. Wiese-Bjornstal (Eds.), *Counseling in sports medicine* (pp. 55–74). Human Kinetics.
21. Shaffer, S.M.\*, & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (1999). Psychosocial intervention strategies in sports medicine. Chapter in R. Ray & D. M. Wiese-Bjornstal (Eds.), *Counseling in sports medicine* (pp. 41–54). Human Kinetics.
22. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & Smith, A. M.\* (1999). Counseling strategies for enhanced recovery of injured athletes within a team approach. In D. Pargman (Ed.), *Psychological bases of sport injuries* (2<sup>nd</sup> ed; pp. 125–156). Fitness Information Technology.
23. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & Smith, A. M.\* (1993). Counseling strategies for enhanced recovery of injured athletes within a team approach. In D. Pargman (Ed.), *Psychological bases of sport injuries* (pp. 149–182). Fitness Information Technology.

### **Monographs and Technical Reports**

1. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & Wood, K. N.\* (2018). Sport injuries among female children and youth. In the 2018 Report of the Tucker Center for Research on Girls & Women in Sport, *Developing physically active girls: An evidence-based multidisciplinary approach* (pp. 73–98). University of Minnesota, Minneapolis, MN.
2. Weiss, M. R., & **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2009, September). *Promoting positive youth development through physical activity*. President's Council on Physical Fitness and Sports Research Digest, Series 10(3), p. 1–8, online version available [here](#)
3. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2007, December). Psychological dimensions of girls' physical activity participation. In the 2007 Report of the Tucker Center for Research on Girls & Women in Sport, *Developing physically active girls: An evidence-based multidisciplinary approach*. University of Minnesota, Minneapolis, MN (pp. 7–27), print version, online version available at <http://www.cehd.umn.edu/tuckercenter/multimedia/tcrr.html>.

4. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & LaVoi, N. M.\* (2007, December). Girls' physical activity participation: Recommendations for best practices, programs, policies and future research. In the 2007 Report of the Tucker Center for Research on Girls & Women in Sport, *Developing physically active girls: An evidence-based multidisciplinary approach*. University of Minnesota, Minneapolis, MN (pp. 63–90), print version, online version available at <http://www.cehd.umn.edu/tuckercenter/multimedia/tcrr.html>.
5. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & LaVoi, N. M.\* (2007, December). Physical activity behavior: What girls do. In the 2007 Report of the Tucker Center for Research on Girls & Women in Sport, *Developing physically active girls: An evidence-based multidisciplinary approach*. University of Minnesota, Minneapolis, MN (pp. 1–5), print version, online version available at <http://www.cehd.umn.edu/tuckercenter/multimedia/tcrr.html>.
6. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1997). *The psychological dimensions of physical activity participation for female children and youth*. Part of a published research report prepared for The President's Council on Physical Fitness and Sports and the National Institute of Mental Health, entitled *Physical Activity and Sport in the Lives of Girls*, Tucker Center for Research on Girls & Women in Sport (pp. 17–35), print version, online version available at <http://www.cehd.umn.edu/tuckercenter/research/archive.html>.
7. **Wiese, D. M.<sup>APA</sup>**, Dufek, J. S., McCaw, S. T., & Bates, B. T. (1987). *The effect of three backpack weightloads on kinetic and temporal parameters during level grade walking by experienced backpackers*. Technical report prepared for the National Outdoor Leadership School (NOLS), Lander, WY.

#### ***Invited Journal Articles***

1. **Wiese-Bjornstal, D. M.** (2002, September). Pain, no gain. *Athletic Therapy Today*, 7(5), 56–57. <https://doi.org/10.1123/att.7.5.56>
2. **Wiese-Bjornstal, D. M.** (2002, July). Accentuate the positive. *Athletic Therapy Today*, 7(4), 28–29. <https://doi.org/10.1123/att.7.4.28>
3. **Wiese-Bjornstal, D. M.** (2002, March). To play or not to play? That is the question. *Athletic Therapy Today*, 7(2), 24–26. <https://doi.org/10.1123/att.7.2.24>
4. **Wiese-Bjornstal, D. M.** (2001, July). Child's play. *Athletic Therapy Today*, 6(4), 38–39. <https://doi.org/10.1123/att.6.4.38>
5. **Wiese-Bjornstal, D. M.** (2001, May). In the mood. *Athletic Therapy Today*, 6(3), 38–39. <https://doi.org/10.1123/att.6.3.38>

6. **Wiese-Bjornstal, D. M.** (2000, September). Gender in the athletic training room. *Athletic Therapy Today*, 5(5), 26–27. <https://doi.org/10.1123/att.6.4.38>
7. **Wiese-Bjornstal, D. M.** (2000, March). Playing with injury. *Athletic Therapy Today*, 5(2), 60–61. <https://doi.org/10.1123/att.5.2.60>
8. **Wiese-Bjornstal, D. M.** (2000, January). Spirit, mind, and body. *Athletic Therapy Today*, 5(1), 41–42. <https://doi.org/10.1123/att.5.1.41>
9. **Wiese-Bjornstal, D. M.** (1993). Giving and evaluating demonstrations. *Strategies*, 6(7), 13–15.
10. Weiss, M. R., & **Wiese, D. M.** (1989). Motivating your volleyball players. *Coaching Volleyball*, 2(2), 6–10.

#### **Trade Journal Articles**

1. Frykholm, J.\* , Straw, C., Wolfe, E.\* , Eckholm, K.\* , & **Wiese-Bjornstal, D.**<sup>SR</sup> (2020, November/December). The stuff we play on, and why it matters. *Soccer Journal*, 7, 32–35.
2. Straw, C., Principe, F. M.\* , **Wiese-Bjornstal, D. M.** <sup>SR</sup>, & Horgan, B. (2019, May). GPS athlete performance tracking devices for sports field management and research. *SportsTurf*, 11–12. <https://sportsturfonline.com/2019/04/25/gps-athlete-performance-tracking-devices-for-sports-field-management-and-research/10374/>

#### **Non-refereed Newsletters, Book Reviews**

1. **Wiese-Bjornstal, D. M.**, Wood, K. N.\* , White, A. C.\* , Wambach, A. J.\* , & Rubio, V. J. (2016, October). Sports medicine psychology and religiosity/spirituality. *Association for Applied Sport Psychology Special Interest Group newsletter*.
2. **Wiese-Bjornstal, D. M.** (2011, April). Female athlete concussions: Description and surveillance. *Tucker Center for Research on Girls and Women in Sport newsletter*, Spring 2011 Newsletter.
3. **Wiese-Bjornstal, D. M.** (2009, September). A sport psychology perspective: True confessions of a Warrior Girl turned mild-mannered soccer mom. *Tucker Center for Research on Girls & Women in Sport Spring 2009 Newsletter*.
4. **Wiese-Bjornstal, D. M.** (2006, March). Girls enjoy sport. *Tucker Center for Research on Girls & Women in Sport Spring 2006 Newsletter*.
5. **Wiese-Bjornstal, D. M.** (1995). [Review of *Psychology of sport injury*]. *Medicine and Science in Sports and Exercise*.

6. **Wiese-Bjornstal, D. M.** (1994). Giving and evaluating demonstrations. Reprinted in *Mikasa Power Tips*, 4(10), 2.
7. **Wiese-Bjornstal, D. M.** (1994). Make imagery a part of your game plan. *Volleyball News*, March, 11.
8. **Wiese-Bjornstal, D. M.** (1994). [Review of *Applied sport psychology: Personal growth to peak performance* (2nd edition)]. *Journal of Sport and Exercise Psychology*, 16, 218–221.
9. **Wiese-Bjornstal, D. M.** (1992, Winter). Developing mind and body: Psychological and social development through physical activity and sport. *Early Report, Center for Early Education and Development*, University of Minnesota, 19(2), 5–7.
10. **Wiese-Bjornstal, D. M.** (1992). [Review of *sport psychology: From theory to practice*]. *The Sport Psychologist*, 6(1), 103–104.
11. **Wiese, D. M.** (1990, March). Structure your practices to meet motives. *The Sport Strategy and Performance Report*, 7.
12. **Wiese, D. M.** (1988). The importance of hiring female coaches. *The Inside Track*, 1(4), 2.
13. **Wiese, D. M.** (1988, August). Psychological factors involved in injury recovery. *The Sport Strategy and Performance Report*.
14. **Wiese, D. M.** (1988). [Review of *Sport psychology for youth sport coaches: Personal growth to athlete excellence*]. *The Sport Psychologist*, 2, 175–177.

### **Conference Proceedings**

- **Wiese, D. M.** (1989). An interdisciplinary look at the modeling process. *Proceedings of the Central Association for Physical Education in Higher Education Annual Meeting*, Loveland, CO, 83–117.
- **Wiese, D. M.** (1986). Sport psychology and the athletic trainer: Psychological rehabilitation and physical injury. *Proceedings of the Northwest Athletic Trainers Association Sportsmedicine Seminar*, Spokane, WA, 19–26.

### **Instrument Development**

- **Wiese-Bjornstal, D. M.** (2017). *Perceived sport expertise scale: Athlete and coach versions*. Unpublished manuscript, School of Kinesiology, University of Minnesota, Minneapolis.

- **Wiese-Bjornstal, D. M.**, Arendt, E. A., Russell, H. C.\*, & Agel, J. (2013). *Return to Sport Survey (RSS): A measure of psychological readiness for returning to play following sport injury*. Unpublished manuscript, School of Kinesiology and Department of Orthopaedic Surgery, University of Minnesota, Minneapolis.
- Kenow, L. J.\*, & **Wiese-Bjornstal, D. M.** (2011, October). *Risk Behavior Conformity in Sport Injury (RBCSI) questionnaire: Preliminary evidence in support of a new measure*. Lecture presented at the Association for Applied Sport Psychology Annual Meeting, Providence, RI.

### ***Dissertation, Thesis, and Senior Honors Paper***

- **Wiese, D. M.** (1989). *The effect of model type on cognitive recognition, form kinematics, and outcome during the initial phase of sport skill acquisition* (unpublished doctoral dissertation). University of Oregon, Eugene. (Order No. 8918958). Available from ProQuest Dissertations & Theses A&I. (303711665).
- **Wiese, D. M.** (1983). *The effect of internal and external frame backpacks on the biomechanical efficiency of the walking pattern of males* (unpublished masters' thesis). Springfield College, MA.
- **Wiese, D. M.** (1980). *Outdoor recreation participation: Psychological and sociological perspectives* (unpublished senior honors paper). Luther College, IA.

### **Presentations**

Notations:

\* current or former student advisees as collaborators

<sup>APA</sup> APA authorship convention, i.e., authors listed in descending order of contribution

<sup>SR</sup> senior authorship convention, i.e., senior author/lab director/supervisor listed last

<sup>ALPHA</sup> alphabetical or random authorship convention, e.g., generally equal contributions

### ***Invited Lectures: Presentations at Professional Meetings and Conferences***

1. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2019, September). *Sports medicine psychology: Developing conceptual models through an integrative approach to sport science*. Invited lecture presented at the National Academy of Kinesiology Annual Meeting, Bellevue, WA.
2. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2017, September). *Which ice hockey players are at greatest concussion risks and why?* Invited lecture presented at the Mayo Clinic Ice Hockey Summit III: Action on Concussion, Rochester, MN.
3. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Wood, K. N.\* , White, A. C.\* , Wambach, A. J.\* , & Rubio, V. J. (2016, August). *Christianity and sports medicine psychology*. Invited lecture presented at the Inaugural Global Congress on Sports and Christianity, York, England.

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

4. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2015, April). *Psychology of sport injury: What coaches need to know*. Invited lecture presented at the Women Coaches Symposium on Empowering Women to Lead in the 21st Century, Tucker Center for Research on Girls & Women in Sport, University of Minnesota, Minneapolis.
5. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2014, November). *The integrated model of psychological response to sport injury*. Invited lecture presented at the International Seminar on Sport Injuries: Psychology, Medicine, and Other Sciences, Universidad Autónoma de Madrid, Madrid, Spain.
6. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2014, October). *"Study the past if you would define the future" (Confucius): An historical perspective on the psychology of sport injury*. Invited panel of three pioneers in sport injury psychology, presented with J. Williams & J. Heil at the Association for Applied Sport Psychology Annual Conference, Las Vegas, NV.
7. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2014, February). *Discovering your niche in sport psychology*. Invited professional panel discussion with C. Kamphoff, N. LaVoi, & J. Blanton presented at the North Central Region Conference of the Association for Applied Sport Psychology, Mankato, MN.
8. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2013, October). *Psychology approaches to prevention and rehabilitation for female athletes*. Invited keynote lecture presented at Female Athletes and Injury: Prevention, Treatment and Recovery Conference, University of North Carolina-Greensboro, Greensboro, NC.
9. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2013, October). *Are concussion risks greater for athletes who are female, pediatric, or have emotional and behavioral disorders?* Invited lecture presented at the Ice Hockey Summit II: Action on Concussion, Mayo Clinic, Rochester, MN.
10. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2013, October). *Education and prevention action on concussion*. Invited lecture presented at the Ice Hockey Summit II: Action on Concussion, Mayo Clinic, Rochester, MN.
11. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2013, October). *Sports medicine psychology: Psychological and social dimensions of sport injury*. Invited keynote lecture given at Northland Regional Chapter of the American College of Sportsmedicine Fall Tutorial Meeting, Eau Claire, WI.
12. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2013, May). *Psychological aspects of returning to sport following injury: Adding the PARTS to the whole*. Invited lecture presented at Fairview Current Concepts in Sports Medicine Spring Conference, Edina, MN.

13. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2013, February). *Sport medicine psychology: Encompassing multidisciplinary theory, research, and practice*. Invited keynote lecture presented at the North Central Sport Psychology Conference, Mankato, MN.
14. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2013, February). *Youth development through physical activity*. Invited round table discussion leader at the North Central Sport Psychology Conference, Mankato, MN.
15. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2012, September). *Female athlete concussions*. Invited lecture presented at Mayo Clinic Symposium on Concussion in Sport, Scottsdale, AZ.
16. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2012, April). *The untold story on concussion and the female athlete*. Invited lecture presented at USA Hockey American Development Model (ADM) Symposium, Burlington, VT.
17. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2011, October). *Understanding the psychological story of sport injury*. Invited lecture presented as the Fourth Annual Cheryl Cohen Lecture in Sport Psychology, Western Illinois University, Macomb, IL.
18. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2011, October). *Sport injury psychology and socioculture*. Invited lecture presented to graduate students in sport psychology at Western Illinois University, Macomb, IL.
19. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2011, April). *Female athlete concussions: Description, surveillance, & risk*. Invited lecture presented as part of the Distinguished Lecture Series of the Tucker Center for Research on Girls & Women in Sport session on *Female athletes and concussions*, University of Minnesota, Minneapolis, MN.
20. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2011, March). *Psychosocial aspects of athletic training*. Invited lecture presented at the Great Lakes Athletic Trainers' Association (GLATA) Annual Clinical Symposium, Minneapolis, MN.
21. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2010, October). *The science of aggression and reinforcement in ice hockey: Implications for concussion risk and consequence*. Invited lecture presented at the Ice Hockey Summit: Action on Concussion, Mayo Clinic Sports Medicine Center, Rochester, MN.
22. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Franklin, A. N.\* , Wings, J. B.\* , Foster, M. A.\* , & Robertson, T. N. (2009, November). *Sport injury psychology and socioculture: Does gender matter?* Invited lecture presented at the Tucker Table of the Tucker Center for Research on Girls and Women in Sport, Minneapolis, MN.

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper



23. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2009, October). *Sport specialization for young athletes*. Invited lecture presented at the Twin Cities Sports Medicine Continuing Education Conference, Minneapolis, MN.
24. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2009, September). *Psychology and socioculture affect sport injury risk, consequence and recovery in elite high intensity athletes*. Invited lecture presented at the International Consensus Conference on Performance in Top Sports Involving Intense Exercise (sponsored by the International Olympic Committee Sportsmedicine Division, University of Copenhagen, and Team Denmark), Copenhagen, Denmark.
25. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2009, May). *Using effective interaction skills in sports medicine practice*. Invited lecture presented at the Minnesota Athletic Trainers' Association Annual Meeting, St. Cloud, MN.
26. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2009, January). *Sport injury & college athlete health across the lifespan*. Invited reaction to lecture, "Play at your own risk: Sport and the injury epidemic", given by R. Zernicke, K. Antle, S. McLean, R. Palmieri-Smith, J. Ashton Miller, & E. Wojtysto, presented at the National Collegiate Athletic Association (NCAA) Scholarly Colloquium, "Paying the Price: Is Excellence in Sport Compatible with Good Health?" Washington, DC.
27. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2008, October). *The 2007 Tucker Center Research Report - Developing physically active girls: An evidence-based multidisciplinary approach*. Invited lecture presented at the Mayo Clinic Summit on Obesity, Rochester, MN.
28. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2008, September). *Developing physically active young people: An evidence-based multidisciplinary approach*. Invited lecture presented at the TRIA Sports Medicine and Orthopaedic Continuing Education Conference, Bloomington, MN.
29. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2008, May). *Physical activity as a context for developing physical competencies, skills and assets*. Invited lecture given as part of a team presentation, *Using physical activity as a context for positive youth development* (along with colleagues LaVoi, N. M. \*, & Weiss, M. R.), at the Applied Research Collaborative on Youth Development Inquiry to Impact Meeting, Minneapolis, MN.
30. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2008, April). *Developing physically active girls: An evidence-based multidisciplinary approach. Psychological Dimensions and Best Practices*. Invited lecture presented at the Distinguished Lecture Series of the Tucker Center for Research on Girls and Women in Sport, Minneapolis, MN.

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

31. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2007, October). *Pediatric sport psychology: Implications for health*. Invited lecture presented at the Northland Chapter of the American College of Sports Medicine annual meeting, Brookings, SD.
32. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2005, December). *Psychology of sport injury*. Invited lecture presented at the University of Minnesota, Department of Orthopedics Grand Rounds.
33. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2005, October). *Psychology of the injured athlete*. Invited lecture presented at the Twin Cities Marathon Continuing Medical Education Conference, Minneapolis, MN.
34. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2004, April). *Shattering psychological myths about ACL injuries in female athletes*. Invited lecture presented in Tucker Center for Research on Girls and Women in Sport Distinguished Lecture Series Panel Discussion, *Shattering myths about ACL injuries in female athletes: Risk factors, intervention and recovery*.
35. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2004, April). *Triumph or tragedy? The mental pain of sport injury*. Invited to present the Research Consortium Scholar Lecture at the American Alliance of Health, Physical Education, Recreation and Dance Annual Convention, New Orleans, LA.
36. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2000, March). *Psychological and counseling skills for the athletic trainer*. Invited workshop presented at the Great Lakes Athletic Trainers' Association Annual Meeting, Detroit, MI.
37. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2000, March). *Psychological response to sport injury*. Invited lecture presented as part of the Distinguished Lecture Series in Sports Medicine, Hope College, Holland, MI.
38. **Wiese-Bjornstal, D. M.** (1999, June). *Invited panel discussant on the topic of sport transitions*. Spring Training Sports Medicine Conference, University of Minnesota Department of Orthopaedic Surgery and Minneapolis Sports Medicine Center, Bloomington, MN.
39. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1998, November). *The President's Council on Physical Fitness and Sports Report: Physical activity and sport in the lives of girls*. Invited lecture presented at the Mayo Clinic Sports Medicine Symposium, Rochester, MN.
40. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1997, October). *Physical activity and sport in the lives of girls: Psychological dimensions*. Invited lecture presented at the Western Association for Physical Education of College Women Annual Meeting, Asilomar, CA.

41. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1997, August). *Zoning in on success*. Invited lecture presented at the Wisconsin Volleyball Coaches Association Annual Clinic, Portage, WI.
42. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1997, June). *Physical activity and sport for youth: Psychological dimensions*. Invited lecture presented at Hamline University as part of a course entitled 'Issues in Youth Sports', St. Paul, MN.
43. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1996, November). *Mental skills training*. Invited workshop presented for student-athletes at Luther College, Decorah, IA.
44. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1996, June). *Children's psychological development through sport: Benefits*. Invited lecture presented at Hamline University as part of a course entitled 'Issues in Youth Sports', St. Paul, MN.
45. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1996, April). *Psychological responses to athletic injury and rehabilitation*. Invited series of two lectures presented at the Carl Youngworth Lecture Series on Sports Performance Enhancement - Part I, Yankton, SD.
46. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1995, March). *Mental skills lessons for life*. Invited workshop presented at the Youth Education through Sport (YES) Clinic, Minneapolis, MN.
47. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1994, April). *Athletic injury: Where mind meets body*. Invited lecture presented at the annual Ruth Stricker Mind-Body Lecture, University of Minnesota, Minneapolis, MN.
48. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1993, April). *Mental skills training for swimmers and divers*. Invited lecture presented at the Minnesota State Aquatic Conference, Minneapolis, MN.
49. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1992, December). *Developmental modeling*. Invited lecture presented at the Center for Applied Research in Educational Improvement, University of Minnesota Physical Education Update Meeting, St. Paul, MN.
50. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1992, April). *Kids in sport: More joy and less sadness*. Invited keynote lecture presented at the Scott County Child Abuse Prevention Council Youth in Sport Seminar, Shakopee, MN.
51. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1992, April). *Developing a positive coaching style*. Invited workshop presented at the Scott County Child Abuse Prevention Council Youth in Sport Seminar, Shakopee, MN.

52. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1992, April). *Crisis management and its relationship to people management during contests*. Invited lecture presented at the Minnesota Intercollegiate Soccer Officials Association Meeting on 'Building relationships through mutual respect', Minneapolis, MN.
53. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1991, October). *Sport psychology for teachers and coaches: A Christian perspective*. Invited lecture presented at the Minnesota South Lutheran Educators' Conference, Mayer, MN.
54. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1991, August). *Sportsmanship in volleyball: Doing the right thing*. Invited lecture presented at the Minnesota State High School Volleyball Coaches Association Meeting, Eden Prairie, MN.
55. **Wiese, D. M.**<sup>APA</sup> (1990, March). *Mental skills training for badminton and bowling*. Invited lecture presented at the NAGWS/USOF sponsored badminton and bowling coaches clinic held in conjunction with the American Alliance of Health, Physical Education, Recreation and Dance Annual Meeting, New Orleans, LA.
56. **Wiese, D. M.**<sup>APA</sup> (1989, Fall). *Sport psychology for coaches*. Invited series of six talks presented for the Department of Women's Intercollegiate Athletics, University of Minnesota, Minneapolis, MN.
57. **Wiese, D. M.**<sup>APA</sup> (1989, October). *Do children do what they see or do what they hear? An interdisciplinary look at the modeling process*. Invited lecture presented at the Central Association for Physical Education in Higher Education Annual Meeting, Loveland, CO
58. **Wiese, D. M.**<sup>APA</sup> (1989, August). *The psychology of sports injuries*. Invited lecture presented at the Mayo Clinic Sportsmedicine Symposium, Rochester, MN.
59. **Wiese, D. M.**<sup>APA</sup> (1989, May). *Leadership styles in sport settings*. Invited lecture presented at the Mankato State University Sport Psychology Workshop, Mankato, MN.
60. **Wiese, D. M.**<sup>APA</sup> (1987, March). *Sport psychology and the athletic trainer: Psychological rehabilitation and physical injury*. Invited lecture presented at the Northwest Athletic Trainers Association Annual Meeting and Sportsmedicine Seminar, Spokane, WA.

### ***Refereed Lectures: Papers Presented at Professional Meetings and Conferences***

1. Principe, F. M.\* , **Wiese-Bjornstal, D. M.**, Neff, B.\*; Straw, C., & Wood, K. N.\* <sup>APA</sup> (2022, July). *Perceptions of injury risk and turfgrass properties: Collegiate club athlete sport injuries and performance*. Refereed lecture presented at the 16<sup>th</sup> European Congress of Sport & Exercise Psychology - FEPSAC 2022, Padova, Italy.

2. Sturch, B. M.\*, & **Wiese-Bjornstal, D. M.<sup>APA</sup>**. (2021, October). *Assessments of psychological sequelae following sport injury*. Refereed lecture presented at the Association for Applied Sport Psychology Annual Meeting, virtual online/Las Vegas, NV.
3. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2019, October). *The integrated model of religiosity and psychological response to the sport injury and rehabilitation process: A Christian illustration*. Refereed lecture presented at the 2<sup>nd</sup> Global Congress on Sport and Christianity, Grand Rapids, MI.
4. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & Ray, R. (2019, October). *Counseling in sports medicine: Are religiosity and spiritual health the forgotten elements in sports injury prevention and care?* Refereed lecture presented at the 2<sup>nd</sup> Global Congress on Sport and Christianity, Grand Rapids, MI.
5. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2019, July). *The model of sport injury socioculture: A socio-ecological view of the psychological, social, and cultural aspects of sport injury*. Refereed lecture presented at the 15<sup>th</sup> European Congress of Sport & Exercise Psychology, Münster, Germany.
6. Principe, F. M.\*, Neff, B.\*, Wood, K. N.\*, Straw, C., & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2019, March). *Turfgrass properties and athlete perceptions: Collegiate club athlete risk of injury and sport performance*. Refereed lecture presented at the Association for Applied Sport Psychology Midwest/North Central Sport and Exercise Psychology Symposium, Mankato, MN.
7. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, Wood, K. N.\*, & Principe, F. M.\* (2018, October). *Sociocultural aspects of sport injury and recovery*. Refereed symposium presented at the Association for Applied Sport Psychology Annual Meeting, Toronto, ON, Canada.
8. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2018, October). *Theories about the sociocultural aspects of sport injury and recovery*. Refereed symposium presented at the Association for Applied Sport Psychology Annual Meeting, Toronto, ON, Canada.
9. Principe, F. M.\*, & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2018, October). *Empirical research about the sociocultural aspects of sport injury and recovery*. Refereed symposium presented at the Association for Applied Sport Psychology Annual Meeting, Toronto, ON, Canada.
10. Wood, K. N.\*, & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2018, October). *Sport psychologist and sports medicine provider interventions regarding the sociocultural aspects of sport injury and recovery*. Refereed symposium presented at the Association for Applied Sport Psychology Annual Meeting, Toronto, ON, Canada.

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

11. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Wood, K. N.\* , White, A. C.\* , Wambach, A. J.\* , & Rubio V. J. (2018, April). *Cultural competence in sports medicine psychology: A thematic analysis of religiosity and spirituality in coping with sport injuries*. Refereed lecture presented at the 2018 Social Justice Through Sport and Exercise Psychology conference, Minneapolis, MN.
12. Principe, F. M.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2018, April). *Cultural competence in sports medicine psychology: Mental health concerns among athletes sustaining musculoskeletal injuries*. Refereed lecture presented at the 2018 Social Justice Through Sport and Exercise Psychology conference, Minneapolis, MN.
13. Wood, K. N.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2018, April). *Cultural competence in sports medicine psychology: Mental health concerns among athletes sustaining sport-related concussions*. Refereed lecture presented at the 2018 Social Justice Through Sport and Exercise Psychology conference, Minneapolis, MN.
14. Principe, F. M.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2018, February). *Psychological predictors of return to play readiness and outcomes among injured intercollegiate athletes*. Refereed lecture presented at the 2018 AASP Midwest Sport and Exercise Psychology Symposium, Oxford, OH.
15. Russell, H. C.\* , White, A. C.\* , Wood, K. N.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2017, October). *Breadth or depth? Evaluating psychological, performance, and injury outcomes following multidimensional or focused mental skills training in marathoners*. Refereed lecture presented at the Annual Conference of the Association for Applied Sport Psychology, Orlando, FL.
16. Kronzer, J. R.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2017, October). *Using E-Prime 2.0 to develop sport-specific video analysis training protocols*. Refereed lecture presented at the Annual Conference of the Association for Applied Sport Psychology, Orlando, FL.
17. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Wood, K. N.\* , White, A. C.\* , Wambach, A. J.\* , & Rubio, V. J.\* (2017, July). Exploring religiosity and spirituality in coping with sport injuries. In V. J. Rubio (Chair), *Coping, resilience and personal growth following a sport injury*. Refereed symposium conducted at the International Society of Sport Psychology 14<sup>th</sup> World Congress, Seville, Spain.
18. Russell, H. C.\* , **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Arendt, E. A., & Agel, J. (2016, October). *Psychological predictors of disablement after ACL reconstruction*. Refereed lecture presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Waterloo, Ontario, Canada.

19. Wood, K.\* , & **Wiese-Bjornstal, D.**<sup>SR</sup> (2016, September). *Increasing rehabilitation adherence through game-based technology*. Refereed lecture presented at the Association for Applied Sport Psychology Annual Meeting, Phoenix, AZ.
20. White, A. C.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2015, June). *“No flag on the play”:  
Using behavioral modification to reduce injuries in youth football – A pilot study*. Refereed lecture presented at the North American Society for the Psychology of Sport and Physical Activity Annual Conference, Portland, OR.
21. White, A. C.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2015, March). *“No flag on the play”:  
Using behavioral modification to reduce injuries in youth football – A pilot study*. Refereed lecture presented at the Association for Applied Sports Psychology North Central Regional Conference, Mankato, MN.
22. Russell, H. C.\* , Rhodes, G., Lundstrom, C., **Wiese-Bjornstal, D. M.**<sup>SR</sup>, & Ingraham, S. (2014, June). *Life stress: A psychological predictor of injury in marathon training?* Refereed lecture presented at the North American Society for the Psychology of Sport and Physical Activity Annual Conference, Minneapolis, MN.
23. Russell, H. C.\* , Rhodes, G., **Wiese-Bjornstal, D. M.**<sup>SR</sup>, & Ingraham, S. J. (2014, February). *Psychological predictors of physical performance and injury in novice marathon runners*. Refereed lecture presented at the Association for Applied Sport Psychology North Central Regional Conference, Mankato, MN.
24. White, A.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2014, February). *“No flag on the play”:  
Using behavioral modification to reduce injuries in youth football*. Refereed lecture presented at the Association for Applied Sport Psychology North Central Regional Conference, Mankato, MN.
25. Bentley, S.\* , Russell, H. C.\* , **Wiese-Bjornstal, D.M.**<sup>SR</sup>, & Ingraham, S. J. (2014, February). *Psychological predictors of injury in distance runners*. Refereed lecture presented at the Association for Applied Sport Psychology North Central Regional Conference, Mankato, MN.
26. Russell, H. C.\* , Steele, R.\* , Hoppis, S.\* , Franklin, A.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2013, April). *Microtrauma sport injury psychology narratives among long-distance runners*. Refereed lecture presented at the 2013 Research Consortium Conference of the American Alliance of Health, Physical Education, Recreation and Dance, Charlotte, NC.
27. Russell, H. C.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2013, February). *Psychological effectiveness of return to sport training programs in ACL rehabilitation*. Refereed lecture presented at the North Central Sport Psychology Conference, Mankato, MN.

28. Steele, R. \*, & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2012, February). *Life stressors and sport injury: The role of perfectionism*. Refereed lecture presented at the Midwest Sport and Exercise Psychology Symposium Annual Meeting, Lansing, MI.
29. Russell, H. R. \*, Steele, R. \*, Franklin, A. \*, Hoppis, S. \*, & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2012, February). *Acute and chronic sport injury narratives among runners*. Refereed lecture presented at the Midwest Sport and Exercise Psychology Symposium Annual Meeting, Lansing, MI.
30. Omli, J. \*, **Wiese-Bjornstal, D. M.<sup>APA</sup>**, Kyambadde, S. N., & Barker, I. (2011, September). *The International Sport Connection: Using sport psychology for community development and diplomacy*. Refereed lecture presented at the Association for Applied Sport Psychology Annual Conference, Honolulu, HI.
31. LaVoi, N. M. \*, Omli, J. \*, & **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2011, September). *The youth sport spectator model: An ecological integration of literature*. Refereed lecture presented at the Association for Applied Sport Psychology Annual Conference, Honolulu, HI.
32. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2010, October). *Programmatic and curricular evolution in sport psychology graduate studies within kinesiology programs*. In L.C. Blom, H. Barber, P. McCullagh, & D.M. Wiese-Bjornstal, Teaching sport and exercise psychology: New issues, perspectives, approaches, and techniques. Refereed symposium presented at the Association for Applied Sport Psychology Annual Conference, Providence, RI.
33. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2010, October). *Does gender matter in sport injury occurrence and socioculture?* In D. M. Wiese-Bjornstal, A. N. Franklin, J. B. Winges, M. A. Foster, & T. N. Robertson, *Sport injury psychology and socioculture: Does gender matter?* Refereed symposium presented at the Association for Applied Sport Psychology Annual Conference, Providence, RI.
34. Kenow, L. \*, & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2010, October). *Risk Behavior Conformity in Sport Injury Questionnaire (RBCSI): Preliminary evidence in support of a new measure*. Refereed lecture presented at the Association for Applied Sport Psychology Annual Conference, Providence, RI.
35. Omli, J. \*, LaVoi, N. M. \*, & **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2007, October). *A perfect storm: Parental background anger in youth sport*. Refereed symposium presented at the Association for Applied Sport Psychology Annual Meeting, Louisville, KY.



36. **Wiese-Bjornstal, D. M.<sup>APA</sup>**, & Omli, J.\* (2006, October). *Kids speak: Children's preferences for parent and coach behavior*. Refereed symposium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Miami, FL.
37. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2004, October). *The need for sport psychology performance enhancement and mental health services in intercollegiate athletics departments*. In D. M. Wiese (Chair), N. Cullen, M. Novak, *The University of Minnesota Department of Intercollegiate Athletics mental health triage and sport psychology program*. Refereed symposium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Minneapolis, MN.
38. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2004, September). *Admission into M.A. and Ph.D. programs in Kinesiology with an emphasis in sport psychology at the University of Minnesota*. In S. W. Mork (Chair), *Applying to sport psychology graduate programs: A faculty panel discussion of admission criteria and responses to common student questions*. Refereed symposium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Minneapolis, MN.
39. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2004, September). *Action on obesity among children and youth: What can sport, exercise, and health psychology experts do?* In A. M. Smith (Chair), *From AAASP keynote to Action on Obesity*. Refereed symposium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Minneapolis, MN.
40. **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2004, May). *Increasing physical activity levels in youth sport*. Refereed lecture presented at the Action on Obesity Summit, Mayo Clinic, Rochester MN.
41. Henert, S. E.\* , & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2000, October). *Exploring injured athletes' ratings of social support and use of coping strategies as a function of injury type and gender over the course of rehabilitation*. Refereed lecture presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Nashville, TN.
42. Barrett, B.\* , **Wiese-Bjornstal, D. M.<sup>APA</sup>**, Foster, C., & Serfass, R. (2000, June). *The transtheoretical model and physical activity*. Refereed lecture presented at the American College of Sports Medicine Annual Meeting, Minneapolis, MN.

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

43. Heniff, C. B.\* , **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Henert, S. E.\* , Schwenz, S.\* , Shaffer, S. M.\* , & Gardetto, D.\* (1999, September). *A comparison between injured and uninjured NCAA Division I female athletes on life event stress, weekly hassles and uplifts, and mood state*. Refereed lecture presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Banff, Alberta, Canada.
44. Henert, S. E.\* , **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Malo, S. A.\* , Schwenz, S.\* , Heniff, C. B.\* , Gardetto, D.\* , & Shaffer, S. M.\* (1999, September). *Major and minor life event stress, athletic identity, and mood state as predictors of injury in intercollegiate athletes*. Refereed lecture presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Banff, Alberta, Canada.
45. Greenberg, D., Snyder, M., & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1998, September). *Girls in the game: How exercise and sport is used to enhance the psychological, physical and social well-being of urban adolescent females*. Referred colloquium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Hyannis, MA.
46. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1997, September). *Psychology of injury: Education of the sports medicine team*. In A.M. Smith (Chair), *Psychology of injury: Roles and responsibilities of sports medicine team members*. Refereed symposium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, San Diego, CA.
47. Kelley, B. C., Barber, H., & **Wiese-Bjornstal, D. M.**<sup>ALPHA</sup> (1996, October). *Innovative, creative, and effective teaching of sport psychology: A 'hands on' workshop*. Refereed preconference workshop presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Williamsburg, VA.
48. LaMott, E. E.\* , Peterson, K., & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1994, October). *Rehabilitation and coping with athletic injury: Expanding the perspectives*. Refereed symposium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Lake Tahoe, NV.
49. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1992, October). Introduction and overview; Critical observation of the experiential learning in the mock meeting; Conclusions. In A. M. Smith (Chair), *Delivering sport psychology training (PST) to ice hockey players: Emphasizing fun and cohesion*. Refereed workshop presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Colorado Springs, CO.

50. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1992, October). A preliminary theoretical model for examining psychosocial factors in athletic injury rehabilitation. In *A. M. Smith* (Chair), *When athletic injury does occur*. Refereed symposium presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Colorado Springs, CO.
51. **Wiese-Bjornstal, D. M.**<sup>APA</sup> (1992, October). Creative approaches to teaching applied sport psychology courses: Overview. In D. M. Wiese-Bjornstal (Chair), *Creative approaches to teaching applied sport psychology courses*. Refereed workshop presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Colorado Springs, CO.
52. **Wiese, D. M.**<sup>APA</sup> (1991, April). Integrating biomechanics and sport psychology. In D. M. Wiese (Chair), *Integration of biomechanics in interdisciplinary research*. Refereed symposium conducted at the American Alliance of Health, Physical Education, Recreation, and Dance Annual Meeting, San Francisco, CA.
53. **Wiese, D. M.**<sup>APA</sup> (1991, April). Translating thoughts to action: How children match motor performance to the skill demonstration. In M. R. Weiss (Chair), *Show and tell in the gymnasium: Teaching children sport skills through effective demonstrations*. Refereed symposium conducted at the American Alliance of Health, Physical Education, Recreation, and Dance Annual Meeting, San Francisco, CA.
54. **Wiese, D. M.**<sup>APA</sup> (1990, March). Psychosocial factors related to the occurrence of athletic injuries. In D. M. Wiese (Chair), *Sport psychology and athletic injury*. Refereed symposium conducted at the American Alliance for Health, Physical Education, Recreation and Dance Annual Meeting, New Orleans, LA.
55. **Wiese, D. M.**<sup>APA</sup> (1988, April). Follow that kid in the red sneakers: Communication and instructional strategies for children and youth. In M. R. Weiss (Chair), *Developmental sport psychology: Teaching and coaching considerations for children and youth*. Refereed symposium conducted at the American Alliance of Health, Physical Education, Recreation and Dance Annual Meeting, Kansas City, MO.
56. **Wiese, D. M.**<sup>APA</sup>, Dufek, J. S., & McCaw, S. T. (1988, February). *The effect of three backpack weightloads on temporal and kinetic factors during level walking*. Refereed lecture presented at the Northwest Chapter of the American College of Sportsmedicine Annual Meeting, Couer d'Alene, ID.
57. Dufek, J. S., & **Wiese, D. M.**<sup>APA</sup> (1988, February). *A practical solution to variable selection in biomechanics*. Refereed lecture presented at the Northwest Chapter of the American College of Sportsmedicine Annual Meeting, Couer d'Alene, ID.

58. Weiss, M. R., & **Wiese, D. M.**<sup>APA</sup> (1987, June). *Is a picture worth a thousand words? Developmental and motivational considerations in modeling*. Refereed lecture presented at the North American Society for the Psychology of Sport and Physical Activity Annual Meeting, Vancouver, BC, Canada.
59. **Wiese, D. M.**<sup>APA</sup> (1987, April). *Components of the required coaching certification programs*. In B.L. Sisley (Chair), *Current status of requirements for interscholastic coaches: NAGWS/NASPE coaching certification survey 1986-1987*. Refereed symposium presented at the American Alliance for Health, Physical Education, Recreation and Dance National Convention and Exposition, Las Vegas, NV.
60. Dufek, J. S., Simpson, K. J., & **Wiese, D. M.**<sup>APA</sup> (1987, April). *The effect of overground and treadmill walking on selected temporal and kinetic measurements - A pilot study*. Refereed lecture presented at the Northwest Chapter of the American College of Sportsmedicine Annual Meeting, Portland, OR.

#### ***Refereed Posters: Papers Presented at Professional Meetings and Conferences***

1. **Wiese-Bjornstal, D. M.**<sup>APA</sup>. (2021, September). *The sport injury lifespan and psychological sequelae model: Conceptualizing a chronological biopsychosocial view of sport injury psychology*. Refereed poster presented at the International Society for Sport Psychology 15<sup>th</sup> World Congress, virtual.
2. Straw, C., **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Frykholm, J.\* , Wolfe, E.\* , & Eckholm, K.\* (2020, November). *Wearable sensor technology and their potential for quantifying athlete performance in relation to sports field characteristics*. Refereed poster presented at the Crop Science Society of America Annual Meeting, virtual.
3. Wolfe, E.\* , Frykholm, J.\* , Eckholm, K.\* , Straw, C., & **Wiese-Bjornstal, D.**<sup>SR</sup> (2020, October). *Relationships between pre-match sleep, in-match running metrics, and post-match wellness perceptions among women's collegiate club soccer midfielders*. Refereed poster presented at the Association for Applied Sport Psychology Annual Meeting, virtual online.
4. Frykholm, J.\* , Wolfe, E.\* , Eckholm, K.\* , Straw, C., & **Wiese-Bjornstal, D.**<sup>SR</sup> (2020, October). *Detecting patterns: Linking GPS motion analysis with self-reported psychological reflections among collegiate women soccer players*. Refereed poster presented at the Association for Applied Sport Psychology Annual Meeting, virtual online.

5. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Wood, K. N.\* , Principe, F. M.\* , & Schwartz, E. S.\* (2019, July). *Religiosity and the use of religious ways of coping among Christian athletes during sport injury recoveries*. Refereed poster presented at the 15<sup>th</sup> European Congress of Sport & Exercise Psychology, Münster, Germany.
6. Principe, F. M.\* , Neff, B.\* , Wood, K. N.\* , Straw, C., & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2019, April). *Turfgrass properties and athlete perceptions: Collegiate club athlete risk of injury and sport performance*. Refereed poster presented at the School of Kinesiology Research Day, Minneapolis, MN.
7. Neff, B.\* , Principe, F. M.\* , Wood, K. N.\* , Straw, C., & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2019, April). *Turfgrass properties and athlete perceptions: Using GPS data to predict injury and performance*. Refereed poster presented at the School of Kinesiology Research Day, Minneapolis, MN.
8. Neff, B.\* , Principe, F. M.\* , Wood, K. N.\* , Straw, C., & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2019, March). *Turfgrass properties and athlete perceptions: Using GPS data to predict injury and performance*. Refereed poster presented at the Association for Applied Sport Psychology Midwest/North Central Sport and Exercise Psychology Symposium, Mankato, MN.
9. **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Wood, K. N.\* , Principe, F. M.\* , White, A. C.\* , & Kronzer, J. R.\* (2018, October). *Development of laboratory activities for an undergraduate sport and exercise psychology course for kinesiology majors*. Refereed poster presented at the Association for Applied Sport Psychology Annual Meeting, Toronto, ON, Canada.
10. Wood, K. N.\* , **Wiese-Bjornstal, D. M.**<sup>APA</sup>, Principe, F. M.\* , & Kronzer, J. R.\* (2018, October). *Challenges and opportunities in conducting multidisciplinary applied research on expertise development within an intercollegiate team sport*. Refereed poster presented at the Association for Applied Sport Psychology Annual Meeting, Toronto, ON, Canada.
11. White, A. C.\* & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2018, October). *Fair play in youth football: Reducing injury rates through improved sportsmanship behavior*. Refereed poster presented at the Association for Applied Sport Psychology Annual Meeting, Toronto, ON, Canada.
12. Wood, K. N.\* , White, A. C.\* , Kronzer, J.\* , Russell, H. C.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2017, October). *Analyzing the effectiveness of an injury education program in increasing novice marathoners' self-efficacy in adopting proper injury management strategies*. Refereed poster presented at the Annual Conference of the Association for Applied Sport Psychology, Orlando, FL.

13. Quartiroli, A., Rubio, V., Aguado, D., Hernández, J. M., & **Wiese-Bjornstal, D. M.**<sup>APA</sup> (2017, July). *Psychometric properties of a perceived benefits and personal growth following a severe sport injury questionnaire*. Refereed poster presented at the 14<sup>th</sup> European Conference on Psychological Assessment, Lisbon, Portugal.
14. White, A.\* & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2016, September). *An applied behavior analysis approach to reducing poor sportsmanship and injury rates in youth football*. Refereed poster presented at the Association for Applied Sport Psychology Annual Meeting, Phoenix, AZ.
15. Russell, H. C.\* , White, A. C.\* , O'Donnell, K.\* , Rhodes, G. S., Lundstrom, C., **Wiese-Bjornstal, D. M.**<sup>SR</sup> , & Ingraham, S. J. (2015, October). *Mood disturbance, mileage, and intention to run another marathon: Experiences of marathon runners at one and two months post-marathon*. Refereed poster presented at the Association of Applied Sport Psychology (AASP) Annual Conference, Indianapolis, IN.
16. Russell, H. C.\* , **Wiese-Bjornstal, D. M.**<sup>APA</sup> , Arendt, E. A., & Agel, J. (2015, June). *Psychological responses and return to play following anterior cruciate ligament reconstruction surgery*. Refereed poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Conference, Portland, OR.
17. White, A. C.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2015, June). *"No flag on the play": Using behavioral modification to reduce injuries in youth football*. Refereed poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Conference, Portland, OR.
18. Russell, H. C.\* , Rhodes, G. S., Lundstrom, C., **Wiese-Bjornstal, D. M.**<sup>SR</sup> , & Ingraham, S. J. (2014, May). *Psychological predictors of physiological measures in novice marathon runners*. Refereed poster presented at the American College of Sports Medicine Annual Meeting, Orlando, FL.
19. Russell, H. C.\* , **Wiese-Bjornstal, D. M.**<sup>APA</sup> , Arendt, E. A., & Agel, J. (2013, March). *Psychological and physical predictors of return to activity among adolescent athletes after anterior cruciate ligament reconstruction*. Refereed poster presented at the School of Kinesiology Research Day, University of Minnesota, Minneapolis, MN.
20. Winges, J. B.\* , & **Wiese-Bjornstal, D. M.**<sup>SR</sup> (2011, September). *Effects of background anger on player feelings & performance in youth ice hockey*. Refereed poster presented at the Association for Applied Sport Psychology Annual Conference, Honolulu, HI.

21. LaRue, M. J.\* & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (2011, September). *The role of certified athletic trainers in the recognition and referral of mental health issues in intercollegiate student-athletes*. Refereed poster presented at the Association for Applied Sport Psychology Annual Conference, Honolulu, HI.
22. Wings, J. B.\* & **Wiese-Bjornstal, D. M.<sup>APA</sup>**, Goral, S. E.\* & Palmer, A. H.\* & Nelson, D. J.\* (2010, October). *Perceptions of background anger in youth ice hockey*. Refereed poster presented at the Association for Applied Sport Psychology Annual Conference, Providence, RI.
23. Kihl, L. A., & **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2009, March). *Safe or out: Using community action research to transform the environment for youth baseball at an urban recreation center*. Refereed poster presented at the College of Education and Human Development Research Day, Minneapolis, MN.
24. LaVoi, N. M.\* & **Wiese-Bjornstal, D. M.<sup>APA</sup>** (2008, February). *Developing physically active girls: An evidence-based multidisciplinary model*. Refereed poster presented at the College of Education and Human Development Research Day, Minneapolis, MN.
25. Luo, Y.\* & **Wiese-Bjornstal, D. M.<sup>SR</sup>** (1994, October). *The relationship of daily hassles, major life events, and social support to athletic injury in football*. Refereed poster presented at the Association for the Advancement of Applied Sport Psychology Annual Meeting, Lake Tahoe, NV.
26. Wood, H., Smith, A. M.\* & **Wiese-Bjornstal, D. M.<sup>APA</sup>** (1992, March). *The relationship between mood state, player attitude, motivation, and performance in high school hockey players*. Refereed poster presented at the Northland Chapter of the American College of Sports Medicine Spring Tutorial, St. Cloud, MN.
27. Burton, A. W., Greer, N. L., & **Wiese, D. M.<sup>APA</sup>** (1991, June). *Effect of ball diameter on the components of the one-hand overhand throw for force*. Refereed poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Meeting, Asilomar, CA.
28. **Wiese, D. M.<sup>APA</sup>**, & Weiss, M.R. (1989, June). *The effect of model type on cognitive recognition, form kinematics, and outcome during the initial phase of sport skill acquisition*. Refereed poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Meeting, Kent State, OH.
29. Weiss, M. R., McAuley, E., **Wiese, D. M.<sup>APA</sup>**, & Ebbeck, V. (1988, June). *Self-esteem and causal attributions for children's physical and social competence in sport*. Refereed poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Meeting, Knoxville, TN.

30. Dufek, J. S., **Wiese, D. M.**<sup>APA</sup>, & Bates, B.T. (1987, September). *The effect of velocity on in-boot forces for the cross-country ski diagonal stride*. Refereed poster presented at the Eleventh Annual Meeting of the American Society of Biomechanics, Davis, CA.
31. Weiss, M. R., **Wiese, D. M.**<sup>APA</sup>, & Klint, K. A. (1987, June). *Head over heels with success: The relationship between expectations and performance in youth gymnastics*. Refereed poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Meeting, Vancouver, BC, Canada.
32. **Wiese, D. M.**<sup>APA</sup>, Weiss, M.R., & Yukelson, D.P. (1990, March). *Sport psychology in the training room: A survey of athletic trainers*. Refereed poster presented at the American Alliance of Health, Physical Education, Recreation and Dance Annual Meeting, New Orleans, LA.
33. Klint, K. A., Weiss, M. R., Ebbeck, V., Roney, T. R., Bushakra, F. B., & **Wiese, D. M.**<sup>APA</sup> (1987, June). *Children's gymnastics participation and the family: Reverse effects of the sport socialization process*. Refereed poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Meeting, Vancouver, BC, Canada.

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1. Investigator status: Principal Investigator  
Internal Source: University of Minnesota Libraries Publishing Call for Proposals  
Project title: Republication via open access of an out-of-print title: Ray, R., & Wiese-Bjornstal, D. M. (Eds.). (1999). *Counseling in sports medicine*. Human Kinetics. ISBN 10 0-88011-527-0; ISBN 13 9780880115278  
Dates: 2021-2023  
Amount requested: No cost publication and long-term preservation services to republish an out-of-print book via open access  
Amount awarded: No cost publication services and long-term preservation services to republish out-of-print book via open access and to add content in the form of new and updated chapters
2. Investigator status: Principal Investigator  
Internal Source: Global Programs and Strategy Alliance International Travel Grants  
Project title: 15th European Congress of Sport and Exercise Psychology, Germany  
Dates: 2019  
Amount requested: \$2000  
Amount awarded: \$1500

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper



3. Investigator status: Principal Investigator  
Internal Source: UMN Libraries Partnership for Affordable Content Grants  
Project title: Online lab manual for KIN 3126W: Sport and Exercise Psychology  
Dates: 2019  
Amount requested: \$1000  
Amount awarded: \$1000 (declined due to change in my teaching assignment)
4. Investigator status: Principal Investigator  
Internal Source: UMN School of Kinesiology Technology Proposals  
Project title: Sports Medicine Psychology Lab (SMPL) Teaching and Research Technologies  
Dates: 2019  
Amount requested: \$8219  
Amount awarded: \$8219
5. Investigator status: Principal Investigator  
Internal Source: UMN School of Kinesiology Technology Proposals  
Project title: Physical Activity and Sport Science (PASS) Lab and Sports Medicine Psychology Lab (SMPL) Teaching and Research Technologies  
Dates: 2018  
Amount requested: \$9344  
Amount awarded: \$9344
6. Investigator status: Principal Investigator  
Internal Source: UMN Libraries Partnership for Affordable Content Grants  
Project title: Open-source readings for KIN 3126W: Sport and Exercise Psychology  
Dates: 2017  
Amount requested: \$1000  
Amount awarded: \$1000
7. Investigator status: Principal Investigator  
Internal Source: UMN School of Kinesiology Technology Proposals  
Project title: Physical Activity and Sport Science (PASS) Lab and Sports Medicine Psychology Lab (SMPL) Teaching and Research Technologies  
Dates: 2017  
Amount requested: \$8000  
Amount awarded: \$8000
8. Investigator status: Principal Investigator  
Internal Source: UMN School of Kinesiology Technology Proposals  
Project title: Physical Activity and Sport Science (PASS) Lab and Sports Medicine Psychology Lab (SMPL) Teaching and Research Technologies  
Dates: 2016  
Amount requested: \$5492

Amount awarded: \$5000

9. Investigator status: Principal Investigator  
Internal Source: UMN School of Kinesiology Technology Proposals  
Project title: Physical Activity and Sport Science (PASS) Lab NVIVO & Workstations  
Dates: 2015  
Amount requested: \$2250  
Amount awarded: \$2250
10. Investigator status: Principal Investigator  
Internal Source: UMN School of Kinesiology Kickstart Open Lab eLearning Exploration  
Project title: *Development of multimedia video tutorials in sports medicine psychology courses*  
Dates: 2013-2014  
Amount requested: 20 hours of workshop participation, \$500 stipend  
Amount awarded: 20 hours of workshop participation, \$500 stipend
11. Investigator status: Principal Investigator  
Internal Source: UMN School of Kinesiology Technology Proposals  
Project title: *Development of the physical activity and sport science lab*  
Dates: 2012-2014  
Amount requested: \$40,488  
Amount awarded: \$40,488
12. Investigator status: Principal Investigator  
External agency: US Department of State, Bureau of Educational and Cultural Affairs  
Project title: *International Sports Connection (ISC): Sports coach training program*  
Dates: Effective September 3, 2009 through December 31, 2011 (project completed)  
Amount requested: \$212,157  
Amount awarded: \$212,157
13. Investigator status: Co-Investigator  
Name of PI: A. Reynolds, Institute of Child Development  
Internal Source: UMN Graduate School, Interdisciplinary Graduate Program Development Seed Grants  
Project title: *Administrative support for the development of an interdisciplinary graduate minor in Prevention Science*  
Dates: 2007  
Amount requested: \$15,000  
Amount awarded: \$15,000

14. Investigator status: Co-Investigator  
Name of PI: N. LaVoi, Minnesota Youth Sport Research Consortium  
Internal Source: UMN President's Initiative on Children, Youth, and Families  
Project title: *Disparities: Unequal opportunities, unequal outcomes in Minnesota youth soccer*  
Dates: January 2007  
Amount requested: \$6,600  
Amount awarded: \$6,660
  
15. Investigator status: Principal Investigator  
Internal Source: UMN College of Education and Human Development Research Office  
Project title: *Improving the youth sport climate in the State of Minnesota*  
Dates: March 2005  
Amount requested: .25 GA for one full academic year, approximately \$12,000  
Amount awarded: .25 GA for one full academic year, approximately \$12,000
  
16. Investigator status: Principal Investigator  
Internal Source: UMN Graduate School  
Project title: *Block grants for graduate student funding in the School of Kinesiology*  
Dates: Submitted 5 years annually, 1998, 1999, 2000, 2001, 2002  
Amount requested: Approximately \$8,000/year x 5 years  
Amount awarded: Approximately \$8,000/year x 5 years
  
17. Investigator status: Principal Investigator  
Internal Source: UMN Graduate School Grant-in-Aid  
Project title: *Examination of stress, injury, and quality of life for university athletes: What's gender got to do with it?*  
Dates: December 1996  
Amount requested: \$14,795  
Amount awarded: \$14,795
  
18. Investigator status: Co-Investigator  
Name of PI: M. J. Kane, School of Kinesiology  
Internal Source: UMN Interdisciplinary Research and Post-baccalaureate Education Program  
Project title: *Center for Research on Girls and Women in Sport*  
Dates: April 1996  
Amount requested: \$50,000  
Amount awarded: \$50,000
  
19. Investigator status: Principal Investigator  
Internal Source: UMN Graduate School Grant-in-Aid  
Project title: *Sport skill demonstrations and children's learning*

Dates: March 1990  
Amount requested: \$27,919  
Amount awarded: \$25,000

20. Investigator status: Co-Investigator  
Name of PI: N. Greer, School of Kinesiology  
Internal Source: UMN Center for Applied Research in Educational Improvement  
Project title: *The effect of ball size on children's throwing patterns*  
Dates: December 1989  
Amount requested: \$670  
Amount awarded: \$670

21. Investigator status: Principal Investigator  
Internal Source: UMN Summer Session Office Program Improvement Grant  
Project title: *Development of new course Kinesiology 5723: Psychology of Sport Injury*  
Dates: December 1994  
Amount requested: \$1,700  
Amount awarded: \$1,700

22. Investigator status: Principal Investigator  
Internal Source: UMN Center for Applied Research in Educational Improvement  
Project title: *Extrinsic rewards and intrinsic motivation in elementary youth fitness*  
Dates: November 1991  
Amount requested: \$932  
Amount awarded: \$932

23. Investigator status: Co-Investigator  
Name of PI: A. Smith, Mayo Clinic Sportsmedicine Program  
External agency: Mayo Clinic Physical Medicine Research Program  
Project title: *The emotional responses of elite athletes to injury*  
Dates: August 1990  
Amount requested: \$2500  
Amount awarded: \$2500

24. Investigator status: Principal Investigator  
Internal Source: UMN Continuing Education and Extension Program Innovation Fund  
Project title: *Summer Sports Science Institute: Sport Psychology for Coaches*  
Dates: June 1990  
Amount requested: \$20,500  
Amount awarded: \$20,500

25. Investigator status: Principal Investigator

Internal Source: UMN Project Minnemac  
Project title: *Developing decision making skills in coaching using Hypercard*  
Dates: April 1990  
Amount requested: One microcomputer workstation, \$5000  
Amount awarded: One microcomputer workstation, \$5000

26. Investigator status: Co-Investigator  
Name of PI: L. J. Stoner, School of Kinesiology  
Internal Source: UMN Project Minnemac  
Project title: *Learning to analyze sport skills using Hypercard*  
Dates: October 1989  
Amount requested: Two microcomputer workstations, \$10,000  
Amount awarded: Two microcomputer workstations, \$10,000

### ***Student Grants and Awards***

- UMN Roger W. and Ann T. Drinkwalter Fellowship for Nutrition Research: 1 student funded (ONE in 2022)
- AASP Student Abstract Award 2020, 1 student funded
- UMN Graduate Student Fellowship, Graduate School: 1 student funded
- UMN Council of Graduate Students (COGS) Travel Grants: 3 students funded
- UMN Graduate Students in Education and Human Development (GradSEHD) Travel Grants: 3 students funded
- UMN Edith Mueller Endowed Fund for Graduate Education: 6 students funded (ONE in 2022)
- UMN Dorothy McNeill Tucker Fellowship: 1 student funded
- UMN Hauge Fellowship: 2 students funded
- UMN J. Anna Norris Fellowship: 1 student funded
- UMN Block Grant, Graduate School: 6 students funded
- UMN Dissertation Special Grant, Graduate School: 3 students funded
- UMN Institute of Child Development training grant, post-doc: 1 student funded
- AASP Association for Applied Sport Psychology Seed Grant for Community Outreach/Research: 1 student funded
- AASP Association for Applied Sport Psychology Outstanding Dissertation Award: 1 student award

### **Professional Artistic and Creative Experiences**

- Blog and Podcast, *Faith and coping with injury*. Sport, Faith, Life series, Hope and Calvin Colleges collaboration, September 22, 2021, <https://sportfaithlife.com/podcastblog/>
- Kickstart open lab technology cohort. (2013-2014). *Developing sports medicine psychology video tutorials*. Proposal approved and completed as part of an e-learning initiative to enhance technology-based learning.

- Documentary participant, *Concussions and the Female Athlete: The Untold Story*. Tucker Center for Research on Girls & Women in Sport, one-hour, aired on Twin Cities Public Television, Big 10 network, and disseminated via free DVDs, released fall 2011. Nominated for Regional Emmy for Sports Documentary, 2012. Available at [http://www.mnvideovault.org/index.php?id=22775&select\\_index=0&popup=yes](http://www.mnvideovault.org/index.php?id=22775&select_index=0&popup=yes)

## ADVISING AND MENTORING

### Graduate Student Advising and Mentoring: PhD and MS/MA

#### *Doctoral (PhD) Dissertations in Kinesiology Directed as Adviser/Supervisor*

<b>Graduated</b>	<b>Student</b>
1. 2020	Espinoza, Sarah (PhD) <i>Sociodemographic and psychological differences in global self-worth among adolescent ultimate players.</i>
2. 2018	White, Andrew (PhD) <i>Fair Play in youth football: Reducing injury rates through improved sportsmanship behavior.</i>
3. 2015	Hamilton, Maya (Co-Adviser) (PhD) <i>Coaches who care: The ethical professional identity development of moral exemplar collegiate coaches.</i>
4. 2014	Valentini, Thomas P. (Co-Adviser) (PhD) <i>A qualitative case study of a collegiate tennis program's sport moral atmosphere.</i>
5. 2014	Russell, Hayley C. (PhD) <i>Psychological responses and rehabilitation outcomes following anterior cruciate ligament reconstruction surgery.</i>
6. 2014	Kenow, Laura (PhD) <i>Making return-to-play decisions in competitive sport: Challenges, coping, and preparation among athletic trainers.</i>
7. 2012	Thul, Chelsey Rodd (Co-Adviser) (PhD) <i>Understanding the intersection of gender, race, ethnicity, class, religion, and culture within perceived, conceived, and lived physical activity spaces among Somali, Muslim, immigrant adolescent girls and young women: Implications for future G.I.R.L.S. programming.</i>
8. 2012	Winges, James (PhD)

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

- Athlete perceptions and consequences of parental background anger in youth ice hockey.*
9. 2011 Navarre, Michael (PhD)  
*Male college soccer coaches' perceptions of gender similarities and differences in coach-athlete and teammate relationships: Introducing the construct of relationship-performance orientation.*
10. 2010 LaRue, Mary (PhD)  
*The role of certified athletic trainers in the recognition and referral of mental health issues in intercollegiate student-athletes.*
11. 2008 Omli, Jens (PhD)  
*Kids Speak: Child preferences for coach and parent behavior during youth sport events.*
12. 2008 Ruiz, Matthew (PhD)  
*Effects of positive and negative emotion elicitation on physical activity performances.*
13. 2007 Mork Armentrout, Suzannah (PhD)  
*A grounded theory of Ironman triathlete training.*
14. 2005 Colgan, Deborah (PhD)  
*Psychological, physiological and situational factors affecting performance in adolescent figure skaters.*
15. 2005 Hartman Nippert, Angela (PhD)  
*"I have four months to compete, eight months to heal". The sport ethic and girls' interscholastic gymnastics participation: What does it mean to play through pain?*
16. 2002 LaVoi, Nicole M. (PhD)  
*Examining relationships in sport contexts.*
17. 2002 Schwenz, Susan (PhD)  
*Athletes' perceptions of rehabilitation and the use of biofeedback to enhance psychological recovery following anterior cruciate ligament reconstruction.*
18. 2000 Henert, Shaine (PhD)  
*Exploring injured athletes' perceptions of social support and use of coping strategies as a function of injury type, gender, and time.*
19. 1997 Barrett, Betsy (PhD)  
*An application of the transtheoretical model to physical activity.*

20. 1997 Rattigan, Peter (PhD)  
*The effect of cooperative, competitive and individualistic goal structures on physical and psychosocial outcomes in elementary school physical education.*
21. 1996 Shaffer, Shelly M. (PhD)  
*Grappling with injury: What motivates young athletes to wrestle with pain?*
22. 1996 Morrey, Michael (PhD)  
*Predicting injury recovery as a function of affect and cognitive coping mechanisms in athletes who have undergone anterior cruciate ligament reconstructive surgery: An exploratory study.*
23. 1995 Smith, Aynsley M. (PhD)  
*Physical and psychosocial predictors of injury in ice hockey.*
24. 1994 LaMott, Eric E. (PhD)  
*The anterior cruciate ligament injured athlete: The psychological process.*
25. 1994 Luo, Yi (PhD)  
*The relationship of daily hassles, major life events, and social support to athletic injury in football.*
26. 1992 Wang, Jin (PhD)  
*Youth sport motivation in the People's Republic of China.*

***Doctoral (PhD) Students in Kinesiology Advising and Examining Committee Service: Summary***

- Current PhD advisees: 3 students (Wood, Sturch, Griffin)
- Graduated PhD advisees: 26 students
- Past PhD advisees: 38 students (e.g., were initially assigned to me as DGS)
- Current PhD examining committees in addition to advisees: 2 students (Abadi, Stark)
- Past PhD examining committees in addition to advisees: 62 students

***Master's of Science/Arts (MS/MA) Theses in Kinesiology Directed as Adviser/Supervisor***

**Graduated Student**

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1. 2021 Frykholm, Jeffrey (MS)



- The psychosocial impact of COVID-19 on college athletes and their coaches: A qualitative study of a highly performing men's college soccer program.*
2. 2020 Kronzer, Joseph (MS)  
*Using video-based deliberate practice training techniques to improve serve return performance and self-efficacy in collegiate tennis players.*
  3. 2019 Principe, Francesca (MS)  
*Perceptions of injury risk and field conditions as related to sport behaviors, performance, and injuries among collegiate rugby club athletes.*
  4. 2012 Hoppis, Shelby (MA)  
*Competing while injured: What wrestlers do and why.*
  5. 2011 Franklin, Ayanna (MA)  
*The role of personality in athletes' sport injury responses and adherence to rehabilitation.*
  6. 2011 Pacl, Bryan (MS)  
*Athletes' perceptions of the disadvantages of away competition: A qualitative analysis.*
  7. 2011 Wurst, Katherine (MA)  
*Sport coaching effectiveness for the millennial generation.*
  8. 2011 Robertson, Tara (MA)  
*Military non-combat musculoskeletal injuries, psychosocial factors, and the role of athletic trainers.*
  9. 2010 Alcivar, Tom (MA)  
*Effects of feedback timing on the learning of a complex skill.*
  10. 2009 Lobby, Mackenzie (MA)  
*Mentor evaluation of a sport-based youth development program.*
  11. 2007 Cook, Sarah (MA)  
*Athlete expectations of athletic trainers during rehabilitation from injury.*
  12. 2005 Lindstrom Bremer, Karin (MA)  
*A content analysis of youth sport parenting books.*
  13. 2005 Ochocki, Amy (MA)

- A measure of protective factors derived from school sponsored extra-curricular activities.*
14. 2005 Whitney, Carolan (MA)  
*A retrospective look at the gymnastics experience: Retirement and transition from sport of former artistic female gymnasts.*
15. 2005 Uhan, Joseph (MA)  
*Team cohesion and individual performance: Beliefs and practices of interscholastic cross country coaches.*
16. 2004 Eibensteiner, Julie (MA)  
*Competitiveness and perceived competence in NCAA Division 1 female soccer players: Comparing starters and non-starters.*
17. 2003 Dulfer, Johan (MA)  
*Sources and levels of trait sport confidence among female collegiate volleyball players.*
18. 2002 Nicholls, Kathryn (MA)  
*Fitness level and mood state changes in military personnel during a moderate to intense exercise bout.*
19. 2002 Smith, Arianne (MA)  
*Predisposing factors to overuse injuries: The effects of competitiveness, perfectionism, and compulsivity on male and female collegiate cross country runners.*
20. 2001 Berlin, Trisha (MA)  
*The relationships among pain perception, pain coping, and speed of recovery in male intercollegiate athletes.*
21. 2001 White, Stacey (MA)  
*Mental imagery and recovery from sport injury.*
22. 2000 Sampson, Carrie (MA)  
*Anxiety-performance relationships in collegiate swimmers.*
23. 2000 Potratz, Wendy (MA)  
*The relationship of role conflict, role ambiguity, stress, coping skills, and psychology education as relating to burnout in certified athletic trainers.*
24. 2000 Merabella, Michael (MA)  
*The relationship between sport specific coping skills and burnout among collegiate athletes.*

25. 1999 Colgan, Deborah (MA)  
*Coach-athlete relationship terminations: Effects on the coach.*
26. 1999 Roiger, Trevor (MA)  
*The effect of group versus individual instruction on the nutrition and weight loss knowledge of collegiate wrestlers.*
27. 1999 Turveen, Holly (MA)  
*Psychosocial development and achievement in soccer.*
28. 1999 Eiben, Katie (MA)  
*The benefits of physical activity: Are adolescents getting the message in the magazines they read?*
29. 1999 Pierson, Eric (MA)  
*Imbalance: A ramp-up model to adjustment disorder in competitive figure skaters.*
30. 1998 Vrieze, Gretchen (MA)  
*An analysis of the differences in pre-performance behaviors between expert and average golfers: An observation study.*
31. 1998 Ryan, Jennifer (MA)  
*Eating disorder behavior among aerobic dance-exercise instructors.*
32. 1998 Heniff, Courtney (MA)  
*A comparison of life event stress, weekly hassles, and mood disturbance between injured and uninjured female university athletes.*
33. 1998 Hovett, Cindy (MA)  
*Recruiting experiences of female Division III college basketball players.*
34. 1995 Brown, Michelle (MA)  
*Athlete, athletic trainer, and coach perceptions of athletic injury cause and prevention.*
35. 1993 Morrey, Michael (MA)  
*The relationship between personality type and position type in football as perceived by football coaches.*
36. 1992 Holland, Fiona (MA)  
*Psychobiological factors involved in the success of a multidimensional weight loss program.*

***Master's of Science/Arts (MS/MA) Students in Kinesiology Advising and Examining Committee Service: Summary***

- Current MS advisees: 2 students (Wolfe, Hemme)
- Graduated MS/MA advisees: 36 students
- Past MS/MA advisees: 48 students (e.g., were initially assigned to me as DGS)
- Current MS/MA examining committees in addition to advisees: 0 students
- Past MS/MA examining committees in addition to advisees: 54 students

***Graduate Professional Student Advising and Mentoring: MEd***

***Master's of Education (MEd) in Applied Kinesiology-Sport and Exercise Science Student Advising: Summary***

- Current MEd advisees: None
- Graduated MEd advisees: 22 students
- Past MEd advisees: 34 students (e.g., were initially assigned to me as DGS)

***Additional Graduate Student Mentoring Activities: Summary***

- Graduate Student Independent Studies (1989-date) – More than 358 separate student enrollments supervised in KIN 5992: Readings in Kinesiology, KIN 5995: Research Problems in Applied Kinesiology, KIN 8995: Research Problems in Kinesiology
- Supervised sport and exercise psychology internships for graduate students preparing for Certified Mental Performance Consultant (CMPC) certification: 3 current students, 6 now certified former students
- Supervised sport and exercise psychology internships for undergraduates: 2 students

***Undergraduate Student Advising and Mentoring: Summary***

- Undergraduate honors theses advised/supervised: 18 students (magna and summa)
- Undergraduate Research Opportunity Program (UROP) supervisions: 3 students
- KIN 3993: Directed Study Research in Kinesiology supervisions: 221 students
- Coaching program adviser: 207 students
- Undergraduate adviser: 153 students
- Elementary and secondary student teaching supervisor: 61 students

## TEACHING AND CURRICULUM DEVELOPMENT

### University of Minnesota

#### *Courses, Seminars, and Instructional Units Taught*

*KIN = Kinesiology; PE = Physical Education; SPST = Sport Studies*

#### **Since Semester Conversion (1999-date)**

1. KIN 3126W: Sport & Exercise Psychology (3 cr)
  - *Developed and taught 10 times; Assigned & supervised TAs 70 times*
2. KIN 3136: Mental Skills Training for Sport (3 cr)
  - *Developed and taught 1 time; Assigned & supervised TAs 13 times*
3. KIN 5126: Sport Psychology (3 cr)
  - *Developed and taught 2 times*
4. KIN 5136: Psychology of Coaching (3 cr)
  - *Developed and taught 2 times*
5. KIN 5720: Sports Performance Psychology (3 cr)
  - *Developed and taught 1 time*
6. KIN 5375: Youth Sport Science/Competitive Sport for Children and Youth (3 cr)
  - *Developed and taught 18 times*
7. KIN 5723: Psychology of Sport Injury and Rehabilitation (3 cr)
  - *Developed and taught 25 times*
8. KIN 8126: Seminar: Sport Psychology (3 cr)
  - *Developed and taught 7 times*
9. KIN 8126: Sports Medicine Psychology (3 cr)
  - *Developed and taught 7 times*
10. KIN 8696: Internship: Applied Sport Psychology (3–6 cr)
  - *Developed and taught 11 times*
11. KIN 8980: Graduate Research Seminar in Kinesiology (1 cr)
  - *Developed and taught 6 times*

#### **Quarter System (1988-1998)**

1. PE 3327: Teaching Physical Education in the Elementary Schools (3 cr)
  - *Developed and taught 6 times*
2. PE 3621: Student Teaching Physical Education: Elementary (3 cr)
  - *Taught 1 time*
3. PE 3622: Student Teaching Physical Education: Secondary (3 cr)
  - *Taught 1 time*
4. PE 5126: Advanced Psychological and Sociological Dimensions of Physical Activity (3 cr)

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

- Developed and taught 21 times
- 5. PE 5136: Psychology of Coaching (3 cr)
  - Developed and taught 3 times
- 6. PE 5720: Topics in Kinesiology-Issues in Youth Sports (3 cr)
  - Developed and taught 3 times
- 7. PE 5720: Topics in Kinesiology-Sport Psychology for Coaches (3 cr)
  - Developed and taught 1 time
- 8. PE 5740: Workshop-Coaching of Individual, Dual, and Team Sports: Volleyball (3 cr)
  - Developed and taught 2 times
- 9. PE 8128: Psychology of Sport (3 cr)
  - Developed and taught 7 times
- 10. PE 8980: Research Problems Seminar for Psychology and Sociology of Sport (1 cr)
  - Developed and taught 21 times
- 11. KIN 5375: Competitive Sport for Children and Youth (3 cr)
  - Developed and taught 2 times
- 12. KIN 5720: Topics in Kinesiology: Psychology of Sport Injury (3 cr)
  - Developed and taught 7 times
- 13. KIN 8126: Seminar-Advanced Psychological and Sociological Dimensions of Physical Activity (3 cr)
  - Developed and taught 7 times

### ***Course Development***

1. KIN 5720: Special Topics: Sport Performance Psychology (developed in 2013, renewed proposal in 2021-2022, now approved as a regular course KIN 5736: Sport Performance Psychology)
2. KIN 3136: Mental Skills Training for Sport (major revision in 2017)
3. KIN 5723: Psychology of Sport Injury and Rehabilitation (major revision in 2016)
4. KIN 5723: Youth Sport Science (major revision in 2016)
5. KIN 8980: Graduate Research Seminar in Kinesiology (major revision in 2012)
6. KIN 8995: Research Problems in Kinesiology (minor revision in 2012)
7. KIN 8126: Sports Medicine Psychology (developed in 2011)
8. KIN 3136: Mental Skills Training for Sport (developed in 2009)
9. KIN 5723: Psychology of Sport Injury (developed in 2001)
10. KIN 8696: Internship-Applied Sport Psychology (developed in 1999)
11. KIN 8126: Seminar-Sport Psychology (developed in 1999)
12. KIN 5126: Sport Psychology (developed in 1999)
13. Seven courses adapted at Semester Conversion (effective 1999)
14. Converted 7 existing sport psychology courses from quarter to semester system format: KIN 3126, 5126, 5136, 5375, 5723; SPST 3611, 3621
15. SPST 3611: Sport Psychology (developed in 1997)
16. SPST 3621: Applied Sport Psychology (developed in 1997)

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

17. KIN 5723: Competitive Sport for Children and Youth (developed in 1993)
18. KIN 5720: Topics in Kinesiology-Psychology of Sport Injury (developed in 1992)
19. KIN 5740: Coaching of Individual, Dual, & Team Sports: Volleyball (developed in 1990)
20. KIN 5136: Psychology of Coaching (developed in 1990)
21. KIN 5720: Topics in Kinesiology: Sport Psychology for Coaches (developed in 1990)
22. KIN 5720: Topics in Kinesiology: Issues in Youth Sports (developed in 1989)

### ***Curriculum Development***

- PhD in Kinesiology, sport and exercise psychology program revisions (developed 2017)
- PhD in Kinesiology program revisions and graduate transitions plan developed as Director of Graduate Studies (approved by Kinesiology and College of Education and Human Development as of March 2013, final Provost office approval received in spring 2013)
- Health Education Licensure Program (developed 2013)
- Kinesiology BS major, Sport Science subplan developed as Coordinator of the Physical Activity Social and Behavioral Science focus area group (developed 2008)
- PhD program plan for meeting the requirements for Certified Consultant status in the Association for Applied Sport Psychology (developed 1999)
- Sample program of study for PhD in Kinesiology, Sport & Exercise Psychology Emphasis (developed 1999, revised 2011)
- Sample program of study for MA in Kinesiology, Sport & Exercise Psychology Emphasis (developed 1999, revised 2011)
- Sample programs of study for all 7 MA & PhD emphasis areas (developed 1999 as DGS)
- Converted as Director of Graduate Studies all Kinesiology and RPLS graduate programs (MEd, MA, PhD) from quarters to semesters, (converted 1997-1999, and implemented 1999)
- Kinesiology MA and PhD emphasis area established, Sport & Exercise Psychology (developed 1995)
- Coaching minor and licensure program tracks (developed 1989)

### ***Faculty Development Activities Regarding Teaching***

- Kickstart Open Lab e-learning program, School of Kinesiology, 2013-2014
- Mentor for Preparing Future Faculty program, University of Minnesota, 1997
- Selected to participate in Bush Faculty Development Program on Excellence and Diversity in Teaching, University of Minnesota, 1992-1993

## Northwestern College

### ***Courses, Seminars, and Instructional Units Taught***

- Taught Physical Education majors theory courses in:
  - elementary physical education methods
  - individual and dual sports methods
  - fundamentals of dance methods
  - tumbling and gymnastics methods
  - coaching of volleyball and softball methods
  - officiating of volleyball and softball methods
- Taught physical activity classes in archery, badminton, racquetball, & tennis

### ***Field Experiences Supervised***

- Observed, assessed, and supervised student teachers in physical education

### ***Sport Coaching***

- Head coach of National Intercollegiate Athletic Association (NAIA) women's volleyball and softball teams

## SERVICE AND PUBLIC OUTREACH

### **Service to the Discipline and Profession**

#### ***Editorships***

- Guest Editor for *PLOS ONE*, 2018
- Associate Editor, *Research Digest* (now *Elevate Health*), U.S. President's Council on Fitness, Sports and Nutrition, 2010-2016
- Associate Editor, *Research Quarterly for Exercise & Sport*, Sport & Exercise Psychology Section, 1993-1999 and 2008-2012
- Editorial Board Member, *Journal of Sport Psychology in Action*, 2010-2012
- Editorial Board Member, *Journal of Applied Sport Psychology*, 1998-2009
- Column Editor *Athletic Therapy Today*, "Counseling Your Athletes", 6 issues per year, 1999-2002, total of 18 columns written or edited
- Editorial Board Member, *The Sport Psychologist*, 1993-1999
- Book/Resource Review Editor, *The Sport Psychologist*, 1993-1998
- Editorial Board Member, *Journal of Sport and Exercise Psychology*, 1992-2003
- Associate Editor for the *Association for the Advancement of Applied Sport Psychology Newsletter*, 1989-1992
- Research Digest Editor for the *Journal of Sport and Exercise Psychology*, 1990-1993



### **Grant Reviewer**

- Invited assessor for the *Social Sciences and Humanities Research Council of Canada* (SSHRC), Insights Grant Funding application in Sports Participation, 2020
- Invited assessor for the *Social Sciences and Humanities Research Council of Canada* (SSHRC), Insights Grant Funding application in Youth Sport, 2019

### **Journal Reviewer**

- Guest Reviewer for *Movement & Sport Sciences - Science & Motricité*, 2022
- Guest Reviewer for *International Journal of Sport & Exercise Psychology*, 2016, 2018, 2019, 2020, 2021
- Guest Reviewer for the *International Journal of Environmental Research and Public Health*, 2022
- Guest Reviewer for *Journal of American College Health*, 2021
- Guest Reviewer for *Journal of Sport Behavior*, 2021, 2022
- Guest Reviewer for *Journal of Concussion*, 2021
- Guest Reviewer for *Nordic Psychology*, 2021
- Guest Reviewer for *Journal of Sport Rehabilitation*, 2007, 2008, 2011, 2013, 2016, 2017, 2020, 2021, 2022
- Guest Reviewer for *Journal of Athletic Training*, 1997, 1999, 2000, 2002, 2005, 2007, 2010, 2014, 2016, 2019, 2020, 2021
- Guest Reviewer for *Scandinavian Journal of Medicine & Science in Sport*, 2009, 2010, 2014, 2020, 2021, 2022
- Guest Reviewer for *Adapted Physical Activity Quarterly*, 2018, 2021
- Guest Reviewer for *Psychology of Sport and Exercise*, 2015, 2016, 2018, 2019, 2020, 2021
- Guest Reviewer for *Journal of Sport Psychology in Action*, 2017, 2018, 2019, 2020, 2021, 2022
- Guest Reviewer for *Frontiers in Psychology*, 2020
- Guest Reviewer for *British Journal of Sports Medicine*, 2015, 2017, 2019, 2020
- Guest Reviewer for *Medical Problems of Performing Artists*, 2019
- Guest Reviewer for *Journal of Sport and Exercise Psychology*, 1989, 1990, 1991, 1993, 1995, 1996, 1998, 2001, 2002, 2005, 2007, 2008, 2020
- Guest Reviewer for *Journal of Sport and Social Issues*, 2020
- Guest Reviewer for *PLOS ONE*, 2018
- Guest Reviewer for *Journal of Clinical Sport Psychology*, 2016, 2018, 2020
- Guest Reviewer for *Kinesiology Review*, 2016, 2017
- Guest Reviewer for *American Journal of Physical Medicine and Rehabilitation*, 2015
- Guest Reviewer for *Measurement in Physical Education and Exercise Science*, 2015
- Guest Reviewer for *Rehabilitation Psychology*, 2013

- Guest Reviewer for *European Journal of Sport Science*, 2013, 2014, 2015
- Guest Reviewer for *Sport, Exercise, and Performance Psychology*, 2012
- Guest Reviewer for *Quest*, 2012, 2018
- Guest Reviewer for *Developmental Psychology*, 2007, 2011
- Guest Reviewer for *Qualitative Research in Sport and Exercise*, 2009, 2015
- Guest Reviewer for *International Journal of Sport Psychology*, 2006, 2007, 2008, 2012, 2016
- Guest Reviewer for *Athletic Therapy Today*, 1999, 2000, 2001, 2003, 2004, 2005, 2007
- Guest Reviewer for *Perceptual and Motor Skills*, 1996
- Guest Reviewer for *Australian Journal of Science and Medicine in Sport*, 1994
- Guest Reviewer for *Women in Sport and Physical Activity Journal*, 1992-date
- Guest Reviewer for *Pediatric Exercise Science*, 1992, 1993, 1996, 1999, 2001, 2004, 2006
- Guest Reviewer for *Journal of Applied Sport Psychology*, 1992, 1994, 1996, 1998, 1999, 2002, 2003, 2006, 2008, 2010, 2013, 2014, 2016
- Guest Reviewer for *Research Quarterly for Exercise and Sport*, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2014, 2017
- Guest Reviewer for *Journal of Physical Education, Recreation, & Dance*, 1990, 1991, 1992, 1993, 1994, 1998, 2001, 2005, 2007
- Guest Reviewer for *The Sport Psychologist*, 1988, 1989, 1990, 1992, 1993, 1996, 1997, 2000, 2001, 2003, 2006, 2009, 2010, 2011, 2014, 2015
- Guest Reviewer for *Journal of Leisure Research*, 1991
- Guest Reviewer for *Research Consortium Abstracts*, AAHPERD, 1989, 1990, 1992
- Guest Reviewer for *Mayo Clinic Proceedings*, 1989

### **Committee Memberships for Professional Organizations**

- Standing Committee on Doctoral Program Evaluation, National Academy of Kinesiology, 2021-2025 (Assuming committee chair as of fall 2023)
- Standing Committee on Awards, National Academy of Kinesiology, 2019-2021
- Sport and Exercise Psychology Stream leaders' group, Inaugural Global Congress on Sports and Christianity, York, England, 2016
- Distinguished Lectures Committee, American Alliance of Health, Physical Education, Recreation, and Dance, 2011
- Chair, Graduate Program Committee, Association for Applied Sport Psychology, September 2008-2011
- Dorothy V. Harris Young Scholar-Practitioner Award Committee, Association for Applied Sport Psychology, 2002
- Dorothy V. Harris Young Scholar-Practitioner Award Committee, Association for the Advancement of Applied Sport Psychology, 1995

### ***Conference Program Review Committees***

- Conference abstract reviewer for the Association for Applied Sport Psychology Annual Meeting, Las Vegas/Online, October 2021
- Conference abstract reviewer for the 15<sup>th</sup> European Congress of Sport Psychology, Münster, Germany, July 2019
- Conference abstract reviewer for the Association for Applied Sport Psychology annual meeting, Portland, OR, October 2019
- Conference abstract reviewer for the Association for Applied Sport Psychology annual meeting, Toronto, ON, Canada, October 2018
- Conference abstract reviewer for 14<sup>th</sup> European Congress of Sport Psychology, Bern, Switzerland, July 2015
- Conference abstract reviewer for annual meeting, Association for Applied Sport Psychology annual meeting, St. Louis, MO, October 2008
- Conference abstract reviewer for annual meeting, Association for the Advancement of Applied Sport Psychology annual meeting, Miami, FL, October 2006
- Conference abstract reviewer, Association for the Advancement of Applied Sport Psychology annual meeting, Vancouver, BC, Canada, October 2005
- Conference abstract reviewer, Association for the Advancement of Applied Sport Psychology annual meeting, Social Psychology Program Committee, New Orleans, LA, October 1995
- Conference abstract reviewer, Association for the Advancement of Applied Sport Psychology annual meeting, Social Psychology Program Committee, Lake Tahoe, NV, October 1994
- Conference abstract reviewer, Association for the Advancement of Applied Sport Psychology annual meeting, Social Psychology Program Committee, Montreal, Quebec, October 1993
- Sport psychology program and site committee member, North American Society for the Psychology of Sport and Physical Activity annual meeting, Brainerd, MN, July 1993

### ***Memberships in Professional Organizations***

#### *Current memberships*

- Association for Applied Sport Psychology (AASP), Fellow and Certified Mental Performance Consultant (CMPC, #168)
- Christian Society for Kinesiology, Leisure, and Sport Studies (CSKLS)
- International Society of Sport Psychology (ISSP)
- National Academy of Kinesiology (NAK), Fellow #582
- North American Society for the Psychology of Sport and Physical Activity (NASPSA)

### *Past memberships*

- American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) now Society for Health and Physical Education (SHAPE); Research Consortium Fellow
- American College of Sports Medicine (ACSM)
- American Volleyball Coaches Association (AVCA)
- United States Volleyball Association (USVBA) Level 1 Certified Coach

### ***Other Service to Professional Organizations***

- Administrative assistant to Secretary-Treasurer, North American Society for the Psychology of Sport and Physical Activity, 1986-1988

### ***Program Review Experience***

#### *External dissertation examiner*

- External examiner for Master of Science in Sport Science thesis, Stellenbosch University, South Africa, 2021-2022
- External examiner for Master of Science in Sport Science thesis, Stellenbosch University, South Africa, 2013
- External examiner for Master of Applied Psychology (Sport Psychology) thesis, Victoria University, Melbourne, Australia, 2013
- External examiner for Doctor of Philosophy of Science doctoral dissertation/thesis, University of Western Australia, 2012
- External examiner for Doctor of Applied Psychology (Sport) doctoral dissertation/thesis, University of Victoria, Australia, 2008

#### *External reviewer for tenure and promotion decisions at other universities*

- External letters of review for 11 candidates at other universities being considered for tenure and promotion to Associate Professor or Professor, nationally and internationally, 2012-date (1 in 2022)

#### *Organization of conferences, workshops, panels, symposia*

- Conference program steering committee, *Mayo Clinic Ice Hockey Summit III: Action on Concussion*, Rochester, MN, 2017-2018
- Steering Committee, Sport Psychology Strand, *Inaugural Global Congress on Sports and Christianity*, York University, UK, 2016
- Conference program steering committee, *Mayo Clinic Ice Hockey Summit II: Action on Concussion*, Rochester, MN, 2012-2013
- Conference program steering committee, *Mayo Clinic Ice Hockey Summit: Action on Concussion*, Rochester, MN, 2009-2010

- Symposium organizer: *Teaching sport and exercise psychology: New issues, perspectives, approaches, and techniques*. Association for Applied Sport Psychology Annual Meeting, Providence, RI, 2010
- Symposium organizer: *Sport injury psychology and socioculture: Does gender matter?* Association for Applied Sport Psychology Annual Meeting, Providence, RI, 2010
- Symposium organizer: *A perfect storm: Parental background anger in youth sport*. Association for Applied Sport Psychology Annual Meeting, Louisville, KY, 2007
- Symposium organizer: *Kids speak: Children's preferences for parent and coach behavior*. Association for Applied Sport Psychology Annual Meeting, Miami, FL, 2006
- Symposium organizer: *The University of Minnesota Department of Intercollegiate Athletics mental health triage and sport psychology program*. Association for the Advancement of Applied Sport Psychology Annual Meeting, Minneapolis, MN, 2004
- Symposium organizer: *Applying to sport psychology graduate programs: A faculty panel discussion of admission criteria and responses to common student questions*. Association for the Advancement of Applied Sport Psychology Annual Meeting, Minneapolis, MN 2004
- Colloquium organizer: *Girls in the game: How exercise and sport is used to enhance the psychological, physical, and social well-being of urban adolescent females*. Association for the Advancement of Applied Sport Psychology, Hyannis, MA, 1998
- Workshop organizer: *Innovative, creative, and effective teaching of sport psychology: A 'hands on' workshop*. Association for the Advancement of Applied Sport Psychology, Williamsburg, VA, 1996
- Symposium organizer: *Rehabilitation and coping with athletic injury: Expanding the perspectives*. Association for the Advancement of Applied Sport Psychology, Lake Tahoe, NV, 1994
- Workshop organizer: *Creative approaches to teaching applied sport psychology courses*. Association for the Advancement of Applied Sport Psychology, Colorado Springs, CO, 1992
- Symposium organizer: *Integration of biomechanics in interdisciplinary research*. American Alliance of Health, Physical Education, Recreation and Dance Annual Meeting, San Francisco, CA, 1991
- Symposium organizer: *Sport psychology and athletic injury*. American Alliance of Health, Physical Education, Recreation and Dance Annual Meeting, New Orleans, LA, 1990

## ***Service To The University/College/Department***

### ***University of Minnesota***

#### *University-wide service*

- Anselm House, Faculty Fellow, 2021-2022
- Women's Faculty Cabinet, Provost's Office, 2016-2019
- Special Committee for Graduate Education, Provost's Office, 2013
- Advisory Committee Member, Prevention Science freestanding Graduate School minor, Graduate School, 2007-date
- University Faculty Senate, Elected from College of Education and Human Development, 2009-2011
- Prevention Science Interdisciplinary Graduate Minor Planning Team, Graduate School, 2007-2010
- Hennepin County Youth Sports and Activities Planning Advisory Team, University of Minnesota & Hennepin County collaborative committee appointed by President Bruininks, 2007-2008
- **Chair**, Academic Grievance Committee Hearing Panel, Graduate School, 2004-2005
- Education and Psychology Policy and Review Council, Graduate School, 2002-2003
- **Chair**, Education and Psychology Policy and Review Council 8xxx Level Course Proposals Review Committee, Graduate School, 2002-2003
- Graduate School Academic Grievance Committee, 1998-2000
- **Chair**, Doctoral Dissertation Special Grant Review Committee, Graduate School Fellowship Office, 1998
- Research Ethics Subcommittee, Education and Psychology Policy Review Council, Graduate School, 1998
- Education and Psychology Policy and Review Council, Graduate School, 1998-2001
- Task Force on Compensation, 1994-1996
- University Recreation Center Open House Committee, 1992-1993
- Performance Enhancement Advisory Group, Department of Women's Intercollegiate Athletics, 1991-1996

#### *Collegiate service and intercollegiate service*

- Policy/Bylaws Committee, 2021-2022
- Curriculum Council, 2011-2013; 2018
- Graduate Education Subcommittee, Curriculum Committee, 2011-2013; 2018
- Graduate School Fellowships Review Committee, Curriculum Council, 2011-2013

- Faculty Single Semester Leave Committee, 2011-2012
- Graduate Review and Improvement Process Committee, 2011-2012
- Collaborative Grants Reviewer, Center for Applied Research on Educational Improvement, December 2009
- Governing Council, 2006-2009
- Accountability Work Group, Governing Council, 2006-2008
- Single Semester Leave Ad Hoc Review Committee, March 2007
- College Consultative Committee, 2006-2007
- College Senate Elected Representative, 2006-2007
- Single Semester Leave Review Committee, 2006
- Faculty Member of Review panel for two academic advisors in SPS seeking promotion from Associate Advisor to Senior Academic Advisor, 2003
- Civic Engagement, Service and Outreach Committee, 2002-2005
- Administrative Performance Evaluation Committee, for Kinesiology Chair, Dr. Michael Wade, 1999-2000
- National Council for the Accreditation of Teacher Education/Board of Teaching Planning Committee, 1998-2000
- Senate Elected Representative, 1994-1997
- Policy Board for the Center for Applied Research in Educational Improvement, 1990-1995
- Foundations Courses Review Team, 1989-1992

*Administrative service to department/unit and college*

**Associate Director of the School of Kinesiology (2017-date)**

- Attend and participate in biweekly School Management Team meetings and School Director meetings 2017-date
- Meet biweekly with the School Director in a consultative role, 2017-date
- Chair School Management Team and All-School meetings, attend CEHD Leadership Team meetings in Director's absence 2017-date
- Contributed extensively to the revision of the School of Kinesiology 7.12 Tenure and Promotion Statement (2020-2021)
- Led the creation of the School bylaws at CEHD request (2021-2022)
- Created the School of Kinesiology Graduate Education Faculty and Governance Roles Document 2019
- Developed the School Responsible Faculty Roles and Responsibilities Best Practices Guidelines 2019
- Created the School Emphasis Area Groups and Leaders Best Practices Guidelines 2019
- Created the School Graduate Education Change Document for the

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

#### Provost's Office 2018

- Developed the Kinesiology and Sport Management Graduate Program Learning Goals Statement for the Provost's Office 2018
- Developed the Kinesiology and Sport Management Graduate Program Diversity Goals Progress Update Statement for CEHD 2018
- Created the School Guidelines for Expected Course Caps, Minimum Enrollments to Teach, and Teaching Assistant Assignments 2018
- Reviewed, edited, and contributed to the School Self-Study Report: Celebrating Our History, Building Our Future for the External Review 2018

#### **Director of Graduate Studies (1997-2003 and 2010-2013 and 2018)**

- Directed all graduate programs (MEd, MA, MS, PhD) for over 250 students in Kinesiology, Recreation Park & Leisure Studies, Sport Management, Human Factors during two separate terms of service (1997-2003 and 2010-2013 and 2018) and one interim term of service (2018)
- Chaired and served on related school, college, and university committees, such as the KIN Graduate Education Committee (GEC) and the CEHD Curriculum Council (CC)
- Completed major program revisions for campus-wide semester conversion for all graduate programs (1997-2001)
- Completed major program revisions for campus-wide graduate transitions from Graduate School to CEHD oversight (2011-2013)
- Completed external review of KIN (2018)
- Developed research ethics plan for School graduate programs
- Supervised course and curriculum approval process for graduate level courses
- Facilitated approval of the master's level Health Education Licensure program
- Facilitated approval of the MEd in Applied Kinesiology-Sport Management
- Promoted, wrote letters of nomination, and compiled scholarship, fellowship, and honors packets for students
- Finalized admission decisions on graduate student applications
- Determined master plan and processes for assigning teaching assistantships
- Developed all web-based pages, materials, and documents
- Generated new student handbooks, sample degree plans, independent study proposal forms, final defense guidelines, progress checklists



- Obtained Graduate School funding for students through block grant proposals
- Prepared MEd program materials for NCATE/BOT review
- Established graduate student committee to generate input into graduate programs and develop research day and social engagement activities
- Created a comprehensive annual review plan and form for graduate students in accordance with academic and graduate assistantship review requirements
- Developed and adhered to budgets for graduate program needs
- Established a graduate student committee to provide input into School programs
- Established a School of Kinesiology Graduate Education Council (KIN-GEC) representative body
- Completed major curricular revisions on core courses such as KIN 8980: Graduate Research Seminar in Kinesiology
- Created major program revision for Ph.D. in Kinesiology program, approved 2013

**Director of the Physical Activity and Sport Science (PASS) Lab and the Sports Medicine Psychology Lab (SMPL) (2010-date)**

- Established and maintain space and technology resources for research lab
- Write annual technology grants to obtain lab resources
- Purchase and train on all technologies used in the lab
- Collaborated with researchers from across campus and civic community
- Supervised and directed graduate and undergraduate research activities
- Oversee scheduling, maintenance, technology upgrades, and other usages of laboratory facilities for PASS and SMPL

**Coordinator, Physical Activity and Sport Science Focus Area (1988-2011)**

- Developed and solicited resources for broader collaborative lab shared by 8 faculty members in the social and behavioral sciences areas of Kinesiology
- Coordinated curricular and programmatic decision-making for undergraduate and graduate programs and courses in sport & exercise psychology and physical activity social & behavioral science programs of study
- Updated and maintained website and other marketing and promotional materials

- Proposed faculty and graduate teaching assistant teaching assignments, course scheduling, and requested budget for course offerings in this area
- Facilitated and finalized review of graduate student applicants in this emphasis area

### **Coordinator, Sport Coaching Minor and Certificate Program (1989-1996)**

- Processed all applications
- Monitored student progress
- Approved student coaching placements
- Prepared all program materials
- Generated a waiver process for field experience
- Developed extensive handbook, procedures, and policies documents
- Advised over 200 students enrolled

### *Department/unit service*

- **Chair**, Search Committee, Sport and Performance Psychology Tenure-Track faculty position, 2022-2023
- **Ad-Hoc Reviewer**, KINtranet, 2022
- Member, Senior Lecturer Promotions Committee, 2021
- **Chair**, Search Committee, Senior Communications Specialist, 2021
- **Chair**, Assistant Professor Mentoring Committee for Dunja Antunovic, 2020-2026
- Peer Evaluator, School faculty, 2020, 2021
- **Chair**, Search Committee, Sport Sociology, or Sport and Exercise Psychology Tenure Track faculty position, 2019-2020
- **Chair**, School Mission Task Force, 2019
- Member, Kinesiology B.S. Revisions Task Force, 2018-2019
- **Chair**, Graduate Education Committee, 2018
- Member, Leadership-Management Team, 2018-date
- Member, Search Committee, Director of the School of Kinesiology, 2016-2017
- **Chair**, Search Committee, Sports Management Tenure Track faculty position, 2015-2016
- Member, Mentoring Committee for Assistant Professor Yuhei Inoue, 2015-2017
- **Chair**, Scholarships Committee, 2015-2017
- **Chair**, Professional and Academic Staff Senior Lecturer Promotion Committee, 2013
- Member, School Administrators Business and Management Team, 2009-2013

- Member, Scholarship Selection Committee, 2011-2013
- **Coordinator**, Focus Area for Physical Activity Social and Behavioral Science, 2007-2011
- **Chair**, MA/MS/PhD Subcommittee, 2011-2013
- **Chair**, Kinesiology-Graduate Education Committee, 2011-2013
- **Chair**, Search Committee, Exercise Physiology Tenure Track faculty position, 2010-2011
- Member, Curriculum Committee, 2008-2009
- **Chair**, Task force for the review of the Initial Teaching Licensure-Physical Education program, 2008-2009
- **Coordinator**, Undergraduate Sport Science Focus Area curriculum proposal development team, 2007-2009
- **Chair**, Search Committee for Exercise, Health, and Wellness Tenure Track faculty position, 2006-2007
- **Chair**, Exceptional Hire Committee, Developmental Sport and Exercise Psychology Tenure Track faculty position, 2006- 2007
- **Chair**, Children, Youth, and Families Task Force, Fall 2005
- **Chair**, Search Committee, Recreation and Experiential Education Tenure Track faculty position, 2004-2005
- **Chair**, Search Committee, Exercise Physiology Tenure Track faculty position, 1999-2000
- **Director** of Graduate Studies [over 200 students in Kinesiology (M.A., Ph.D.); Applied Kinesiology (MEd); Recreation, Park and Leisure Studies (MA, PhD), Human Factors (Interdisciplinary Minor)], 1997-2003
- Administrative Council, 1997-2003
- Ruth Stricker Mind-Body Connection Lecture Committee, 1998-1999
- Biomechanics Search Committee, 1997-1998
- Semester Conversion Review Committee, 1997-1999
- Biomechanics Search Committee, 1996-1997
- Sport Studies Development Program Committee, 1995-1997
- **Chair**, Coaching Program Semester Conversion Committee, 1995-1997
- **Chair**, Psychosocial Graduate Program Semester Conversion Committee, 1995-1997
- Affiliated Scholar, Center for Research on Girls and Women in Sport, 1994-date
- Internal Advisory Board, Center for Research on Girls and Women in Sport, 1994-1998
- Graduate Program Representative, 1994-1997
- **Coordinator**, Coaching Program, 1989-1992
- **Director** and developer, Sport Science Institute, 1990
- **Coordinator**, Sport and Exercise Psychology, 1988-2006

### **Northwestern College**

- Curriculum Revision Committee, 1983-1984
- Student Affairs Committee, 1983-1984
- Head coach, intercollegiate women's volleyball and softball teams, 1982-1984

### **University of Wisconsin-River Falls**

- Head coach, intercollegiate women's softball club, 1981

### ***Public and Other Service***

#### ***University of Minnesota other service***

##### *Visiting scholars hosted*

- Hosted Fulbright Scholar Dr. Victor J. Rubio, Associate Professor, Dept. of Biological and Health Psychology, University Autonoma Madrid, Campus Cantoblanco, February 2016-2017

##### *Invited presentations*

- Anselm House Faculty Fellows Meeting, presentation on Christianity and coping with sport injury, March 2022
- College of EHD, Social, Psychological and Physical Development (SPPD) Neighborhood meeting presentation on work in youth physical activity and positive youth development, June 2004
- Department of Psychology, Advising Seminar, *Career and Pizza: Sport Psychology*, April 2003
- Department of Psychology, Advising Seminar, *Sport Psychology*, April 2000

##### *Guest lectures*

- DIV 6798/RLST 3890-02: Religion and Sports in Historical Perspectives. *Religiosity and Coping with Sport Injury*, Vanderbilt University Divinity School, Spring 2022.
- LAW 6948: Sports Concussions and the Law: Neuroscience and Liability, *Female Athletes and Sport-related Concussions: A Brief Journey Through Time*, University of Minnesota Law School, Spring 2018
- KIN 1871: Survey of Kinesiology, Recreation, and Sport, *Sport and Exercise Psychology*, Spring 2015; Fall 2015; Spring 2016; Fall 2016; Spring 2017; Fall 2017; Spring 2018; Fall 2018; Spring 2019; Fall 2019; Spring 2020; Fall 2020; Fall 2021; Spring 2022; Fall 2022

- PREV 8001: Prevention Science, *Prevention Science in Kinesiology*, Spring 2014
- KIN 8980: Graduate Research Seminar in Kinesiology, *Graduate Student Awards*, Spring 2013
- KIN 5720: Youth and Sedentary Behavior, Fall 2012
- KIN 5720: Topics-Developmental Sport & Exercise Psychology, *Developmental Sport Injury Psychology* (2 times)
- KIN 1871: Foundations of Kinesiology, *Sport & Exercise Psychology* (18 times)
- PSY Community Service Learning Seminar in Psychology, Spring 2007
- PSY Freshman Seminar on Sport Psychology, Spring 2007
- SPST 3621: Applied Sport Psychology, *Interventions in the Psychology of Sport Injury*, Spring 2005
- EDHD 1905: Freshman Seminar on Children and Youth in Sport, *Young athletes and sport participation*, Fall 2003
- KIN 5170: Foundations of Kinesiology, *Graduate Programs in Kinesiology*, Fall 2000 (3 times)
- PSY 5960: Occupational Health Psychology Topics Seminar, *Psychosocial Dimensions of Sport Injury*, Spring 2000
- KIN 5985: Application of Research, *Research in Sport and Exercise Psychology*, Spring 1995
- KIN 5530: Biological and Physical Foundations of Education, *Overview of Competitive Sports for Children and Youth*, Fall 1994
- REC 8980: Research Seminar, *Research in Sport and Exercise Psychology*, Winter 1991

## **Community**

### *Consultant*

- Invited to consult with the superintendents and principals for high schools in Minnesota's largest school district, Anoka-Hennepin ISD #11 regarding the science surround the participation of middle school students on high school varsity sports teams, 2013

### *Engaged scholar*

- Science of Sports Competition Series Judging Panel member for the Science Museum of Minnesota, National Collegiate Athletics Association, and the Men's Wrestling Championship, March 2020
- Science of Sports Competition Series Judging Panel member for the Science Museum of Minnesota, National Collegiate Athletics Association, and the Women's Final Four Volleyball Championship, December 2018

- Science of Sports Competition Series Judging Panel member for the Science Museum of Minnesota, National Collegiate Athletics Association, and the Women's Frozen Four Ice Hockey Championship, March 2018
- 3M Particles, Don't let your injury get the best of you: The role of mental fitness in rehabilitation, February 2018
- UMN Daily, Helmets and sports concussions, February 2014
- CEHD Blog, 5 tips to ensure children have a quality youth sports experience, June 2013
- KARE-11 television interview on youth sport specialization, April 2013
- Guest lecturer in Athletic Training class, North High School, St. Paul, MN on *Sport Psychology and the Psychology of Sport Injury*, October 2002
- Participate in Tucker Center for Research on Girls & Women in Sport Distinguished Lecture Series events, as a speaker, reactor, and attendee/supporter (ongoing)
- Speak at civic engagement events as invited and referred by Tucker Center for Research on Girls & Women in Sport (ongoing)
- Responding to media and consultation requests from the public related to my areas of expertise (ongoing)
- Provide discussions with parents, athletes, and other community members and referrals to sport psychology consultants (ongoing)

#### *Mentor*

- Faculty fellow for Anselm House, University of Minnesota Twin Cities, 2021-2022
- Mentor for Bethel College psychology and physical education major student interested in sport psychology, 1995
- Mentor for Luther College psychology major student interested in sport psychology, 1991
- Mentor for high school students interested in sport psychology through the Mentor Connection Program, Minneapolis, MN, 1989-1990

#### *Presenter*

- Invited talk presented at Ezekiel Lutheran Church, River Falls, WI, March 2017, "Church attendance: Could Ezekiel be a wonder drug for our health?"
- St. Olaf Psychology Club invited monthly presentation, Northfield, MN, October 2014
- St. Olaf Psychology Club invited monthly presentation, Northfield, MN, April 2014
- STEAM Capstone Project Expert Day presenter at Jackson Middle School in Champlin, MN, January 2014

### *Youth sport*

- Board member, River Falls, WI Youth Volleyball Club, 2005-2007
- Volunteer Youth Volleyball Coach, River Falls, WI Youth Volleyball Club, 2003-2012, USA Volleyball IMPACT certified coach
- Assistant Coach, River Falls, WI Youth Soccer, 2004
- Hershey Track & Field youth meet coach, Decorah, IA, 1981
- Pioneer Middle School softball coach, Decorah, IA, 1976

### **State**

#### *Coaching education community presentations*

- **Wiese-Bjornstal, D. M.** (2014, February). *Injuries, psychology, and female athletes: What coaches should know*. Tucker Center Women Coaches Symposium, Minneapolis, MN.
- **Wiese-Bjornstal, D. M.** (2010, April). *Parents and coaches together: Soccer parent education*. Talk given to the River Falls Wildcat Soccer Club annual parent meeting, River Falls, WI.
- LaVoi, N. M.\*, & **Wiese-Bjornstal, D. M.** (2009, February). *Developing physically active girls*. Talk given to parents at a clinic celebrating the National Girls' and Women in Sports Day, hosted by the University of Minnesota Department of Intercollegiate Athletics, Minneapolis, MN.

### **National**

#### *Coaching education clinician*

- Clinician and sport psychology trainer, International Sports Connection delegation to Kampala, Uganda, Youth soccer coaches, May 2010
- Clinician and sport psychology trainer, USPORT Delegation to Algiers, Algeria, Youth basketball coaches and athletes, February 2009
- Clinician for Traveling Youth Soccer Coaches, River Falls Wildcat Soccer, Wisconsin, March 2005
- Clinician for Fair Play, Hockey Education Program, Minnesota Hockey, September 2004
- Clinician for Wisconsin Volleyball Coaches Association, August 1997
- Clinician for Youth Education through Sports (YES) Clinic, Enrichment Coordinator, Final 4 Women's Basketball, U of M, March 1995
- Clinician for Minnesota State Aquatic Conference, April 1993
- Clinician for Scott County, Minnesota Coaching Education Workshop, April 1992
- Clinician for Minnesota High School Volleyball Coaches Association, August 1991

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

- Clinician for USA Wrestling Coaches Clinic, Minnesota, November 1990
- Clinician for NAGWS/USOF Coaches Bowling and Badminton Institute, AAHPERD, March 1990
- Clinician for Eugene, Oregon Sports Program Softball and Baseball Workshop, May 1988
- Clinician for Women in Coaching Workshop, University of Oregon, June 1987
- Clinician for Eugene YMCA Basketball Coaching Workshop, University of Oregon, December 1986
- Assistant Director, Children's Summer Sports Program, Eugene, OR 1986-1987

#### *Performance enhancement consultant*

- Sport Psychology support services development, University of Minnesota Department of Intercollegiate Athletics, 2004-2017
- Sport Psychology, Minnesota Hockey Coach and Parent Education Program consultant, 2000
- Sports Ethics Content Review Committee, Minnesota Amateur Sports Commission, March 1995
- Sport Psychology Consultant for the Department of Women's Intercollegiate Athletics, University of Minnesota, 1989-2005
- Sport Psychology Consultant for the Intercollegiate Women's Volleyball Team, University of Minnesota, 1990
- Sport Psychology Consultant for the Minnesota Hockey School Sportsmedicine Seminar, August 1989

#### *Certifications*

- Association for Applied Sport Psychology Certified Mental Performance Consultant (CMPC); Certified Consultant in Sport Psychology (AASP-CC), 2002-date
- IMPACT coaching certification, USA Volleyball, 2006-2012
- American Coaching Effectiveness Program Leader Level Instructor, 1986-1992
- United States Volleyball Association Level I Coaching Certification, 1983
- American Coaching Effectiveness Program Sport Psychology for Coaches Course Leader, 1988-1994
- Oregon State Athletic Association Volleyball Official, 1987-1989
- K-12 Physical and Health Education teaching licensure and coaching endorsement, 1981-1984



## ***International***

### *Italy, 2022*

- Presented 1 refereed lecture at the 16<sup>th</sup> European Congress on Sport and Exercise Psychology, Padova, Italy, July 2022

### *Taiwan, 2021*

- Presented 1 refereed poster at the International Society of Sport Psychology 15<sup>th</sup> World Congress, Taipei, Taiwan, October 2021

### *Germany, 2019*

- Presented 1 refereed lecture and 1 refereed poster at the 15<sup>th</sup> European Congress on Sport and Exercise Psychology, Münster, Germany, July 2019

### *Canada, 2018*

- Presented 1 refereed symposium and 2 refereed posters at the Association for Applied Sport Psychology and Canadian Sport Psychology Association Joint Annual Meeting, Toronto, ON, Canada, October 2018

### *England, 2016*

- Invited speaker and member of the sport and exercise psychology organizing group at the Inaugural Global Congress on Sports and Christianity, York St. John University, York, England, August 2016

### *Spain, 2014; 2017*

- Presented a refereed oral presentation at the International Society of Sport Psychology 14<sup>th</sup> World Congress, Seville, Spain, July 2017
- Invited speaker and participant at the International Seminar on Sport Injuries: Psychology, Medicine, and Other Sciences, Universidad Autónoma de Madrid, Madrid, Spain, 2014

### *Uganda, 2010; 2011*

- International Sports Connection: Soccer Coaching Education in Uganda, Principal Investigator on a US Department of State funded project in which we traveled to Kampala, Uganda, Africa in May 2010 and 2011 to educate over 400 youth soccer coaches from all districts in Uganda, and in which we hosted two delegations of Ugandan coaches to the University of Minnesota for knowledge exchanges in March 2010 and March 2011

*Denmark, 2009*

- Invited speaker and participant at the International Consensus Conference on Performance in Top Sports Involving Intense Exercise (sponsored by the International Olympic Committee Sportsmedicine Division, University of Copenhagen, and Team Denmark), Copenhagen, Denmark, 2009

*Algeria, 2009*

- Traveled as part of a USPORT/United States Department of State from the Indiana & Purdue Universities sponsored exchange, to educate youth basketball coaches and athletes at clinics hosted by the Ministry of Sport, Algiers, Algeria, Africa, my topic was motivation and mental skills for youth basketball, 2009

*Canada, 1987; 1999*

- Refereed lecture presented at the 1999 Association for the Advancement of Applied Sport Psychology Annual Meeting, Banff, Alberta, Canada.
- Refereed lecture presented at the 1999 Association for the Advancement of Applied Sport Psychology Annual Meeting, Banff, Alberta, Canada.
- Refereed lecture presented at the 1987 North American Society for the Psychology of Sport and Physical Activity Annual Meeting, Vancouver, BC, Canada.

## **CONTINUING EDUCATION**

- Chicago Sports Injury and Psychology Symposium, AASP Psychology of Sport Injury SIG, April 2022 [CEU]
- Virtual Conference: Utilizing Assessment in Applied Sport Psychology, AASP 2022 [3.0 CEU]
- Three Pathways for Providing Supervision in Sport and Performance Psychology: Adapting Supervision into Different Settings, AASP 2022 [1.25 CEU in Mentoring]
- Professional Development as a Journey - With the Supervisor as a Tour Guide, AASP 2022 [1.25 CEU in Mentoring]
- Best Practices in Supervision for Developing Competent Consultants, AASP 2022 [1.25 CEU in Mentoring]
- Finding Your Ethical Way: Realities of Practice in a Multi-Disciplinary Field, AASP 2022 [1.25 CEU in Ethics]
- Transforming Christian Leadership in a Secular World: Challenges & Opportunities for Mentoring Future Leaders in Sport and Leisure Industries, CSKLS, February 2022 [CEU]
- Athlete Mental Health Virtual Symposium, AASP Mental Health SIG, January 2022 [CEU]
- Ethics Lecture - Be Water: The Ripple Effects of Unethical Practices, AASP 2021 [1.0 CEU in Ethics]

\* indicates current or former student advisees/<sup>APA, SR, ALPHA</sup> indicate authorship order convention used (APA lists authors in descending order of contribution, SR lists lab director/adviser/senior author as last name on paper), role on paper

- Sleep & Performance: Advances in Research and Practice, AASP 2021 [1.25 CEU]
- NASPSPA TN: Creative Teaching Assignments, NASPSPA 2021
- GRAD X600 - 001 The Individual Development Plan (IDP) - A Tool for Effective Advising and Mentoring, UMN 2021
- Going Digital: Online Consulting for Mental Performance, AASP 2020 [1.25 CEU]
- Virtual Conference – Why, What, When, and How: Using Technology in Applied Sport Psychology Practice, AASP 2020 [3 CEU]
- Christian Society for Kinesiology, Leisure, and Sport Studies Online Conference 2020
- Teaming Up: Establishing and Navigating Effective Multidisciplinary Teams to Best Serve Clients, AASP 2019 [1.25 CEU]
- 15th European Congress on Sport and Exercise Psychology 2019 (Sport psychology in Coaching Education [4 CEU], and Ethics [3 CEU])
- Virtual Conference – Best Practices in Starting, Developing, and Sustaining a Private Practice, AASP 2019 [3 CEU]
- Association for Applied Sport Psychology 2019 (Assessment, Ethics, Developing a Practice in Sport Psychology Consulting)
- Association for Applied Sport Psychology 2018 (Conference units completed in Diversity, Mentoring, Ethics)
- Association for Applied Sport Psychology Annual Meetings 2017 and 2018 (24 units)
- Accreditation Council for Continuing Medical Education, Mayo Clinic Sports Medicine Ice Hockey Summit III: Action on Concussion, 2017 (12.75 units)
- Human Kinetics, Knock out Post-Concussion Syndrome with Positional Release Therapy, 2016
- National Federation of State High School Associations, Engaging Effectively with Parents, 2016
- National Federation of State High School Associations, NCAA Eligibility, 2016
- National Federation of State High School Associations, Concussion Education, 2015
- Kickstart Open Lab e-Learning, Video tutorial in sports medicine, UMN, 2013-2014
- Athletic Training Continuing Education, AAHPERD, April 2013
- Performance Psychology within the Military, AASP, April 2013
- NVivo Webinar: Using NVivo as a Research Tool, January 2013
- Symposium on Concussion, Mayo Clinic, Scottsdale, AZ, September 2012
- Ice Hockey Summit; Action on Concussion, Mayo Clinic, Rochester, MN, October 2011
- Research Consortium Integrity in Kinesiology Webinars, AAHPERD, February 2011
- Impact Clinic, North Country Junior Olympic Volleyball, Minneapolis, MN, March 2007
- Concussion Education, AAASP, Minneapolis, MN, 2004
- Hockey Education Program, Minnesota Hockey, Minneapolis, MN, September 2004
- American Coaching Effectiveness Program leader course, Minneapolis, MN, 1990 & 1989
- American Volleyball Coaches Association national convention, Minneapolis, MN, December 1988