CANDACE M. HOGUE CURRICULUM VITAE

Assistant Professor of Sport & Exercise Psychology

University of Minnesota

College of Education and Human Development

School of Kinesiology

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Minneapolis, MN 55455

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EDUCATION

Ph.D., Health Education & Psychology of Physical Activity*, 2017

University of Kansas - Lawrence, KS

Advisor: Mary Fry (Sport & Exercise Psychology Concentration)

*graduated with distinction

M.S.E., Psychology of Health & Physical Activity, 2012

University of Kansas - Lawrence, KS

B.S. & B.B.A., Psychology & Business Administration, 2003

Emory University & Goizueta Business School – Atlanta, GA

Emory University Study Abroad Program, Spring 2001

University of Manchester Institute of Science & Technology – Manchester, UK

AWARDS & HONORS

Awards

- <u>Dorothy V. Harris Memorial Award</u>, Association for Applied Sport Psychology, 2021
- The Sport Psychologist Young Researcher Award, Association for Applied Sport Psychology & Human Kinetics, 2020
- Outstanding Doctoral Dissertation, University of Kansas School of Education, 2018
- Wayne Osness Outstanding Doctoral Student of the Year, University of Kansas Health, Sport & Exercise Sciences Department, 2016
- Master's Thesis Award, Association for Applied Sport Psychology, 2012
- Outstanding Master's Thesis, University of Kansas School of Education, 2012
- Kansas Graduate Major of the Year in Research, Kansas Association for Health, Physical Education, Recreation and Dance, 2012

- Research Competition Winner, University of Kansas Graduate Studies, 2011
- *Graduate Student Research Competition Winner*, Sigma Xi Scientific Research Society 2nd Place, 2011
- Walter J. Mikol's Outstanding Master's Student Award, University of Kansas, 2011

Honors

- Sigma Xi Scientific Research Society 2011
- Phi Kappa Phi Honor Society 2006

PROFESSIONAL APPOINTMENTS

Pennsylvania State University

- Assistant Professor, Kinesiology Program Harrisburg Campus
 Fall 2019 Summer 2023 (Sport & Exercise Psychology Concentration)
- Assistant Teaching Professor, Kinesiology Program Harrisburg Campus Fall 2017 Summer 2019 (Sport & Exercise Psychology Concentration)
- Graduate School Faculty, Applied Clinical Psychology Harrisburg Campus Spring 2018 – Summer 2023

University of Kansas

- Graduate Research Assistant, Center for Educational Testing & Evaluation, Curriculum and Assessment Division, June 2015 - August 2016
- Graduate Teaching Assistant, Health Sport & Exercise Sciences Department, Lawrence Campus, August 2009 - May 2015
- Research Fellow, University of Kansas Graduate Studies, Summer 2014

PUBLICATIONS

- (14) Fry, M.D., **Hogue, C.M.**, Iwasaki, S. & Claunch, J. (2022). A successful collaboration between an Indigenous youth sport program and sport psychology faculty and students. *Journal of Sport Psychology in Action.* Advance online publication. https://doi.org/10.1080/21520704.2022.2054886
- (13) Iwasaki, S., Fry, M.D., & **Hogue, C.M.** (2022). Mindful engagement mediates the relationship between motivational climate perceptions and coachability for male high school athletes. *Journal of Clinical Sport Psychology*, *16*(3), 234-253. https://doi.org/10.1123/jcsp.2020-0016
- (12) Fry, M.D., & **Hogue**, **C.M.** (2021). Foundational psychological theories, models, and constructs. Textbook chapter in *The Association for Applied Sport Psychology's Certified Mental Performance Consultant* ® *Essentials Resource Guide*. Human Kinetics.

- (11) Fry, M.D., **Hogue, C.M.,** Iwasaki, S. & Solomon, G.B. (2021) The relationship between the perceived motivational climate in elite collegiate sport and athlete psychological coping skills. *Journal of Clinical Sport Psychology*, *15*(1), 334-350. https://doi.org/10.1123/jcsp.2020-0002
- (10) Easton, L., Fry, M.D., **Hogue, C.M.** & Iwasaki, S. (2021). Goal orientations predict exercisers' effort and enjoyment while engaged in physical activity and reasons for using a fitness tracker. *Acta Facultatis Educationis Physicae Universitatis Comenianae*, 61(1), 1-13. https://doi.org/10.2478/afepuc-2021-0001
- (9) **Hogue, C.M.,** Fry, M.D., & Fry, A.C. (2021). The protective impact of learning to juggle in a caring, task-involving climate versus an ego-involving climate on participants' inflammation, cortisol, and psychological responses. *International Journal of Sport and Exercise Psychology*, 19(4), 650-667. https://doi.org/10.1080/1612197X.2019.1696868
- (8) **Hogue, C.M.** (2020). Achievement goal theory-based psychological skills training session buffers youth athletes' psychophysiological responses to performance stress. *Psychology of Sport and Exercise*, *51*(1), 1-10. http://doi.org/10.1016/j.psychsport.2020.101792
- (7) **Hogue, C.M.** (2019). The protective impact of a mental skills training session and motivational priming on participants' psychophysiological responses to performance stress. *Psychology of Sport and Exercise*, 45(1), 1-10. https://doi.org/10.1016/j.psychsport.2019.101574
- (6) **Hogue, C.M.,** Fry, M. D., & Iwasaki, S. (2019). The impact of the perceived motivational climate in physical education classes on adolescent greater life stress, coping appraisals, and experience of shame. *Sport, Exercise, and Performance Psychology*, 8(3), 273-289. https://doi.org/10.1037/spy0000153
- (5) Fry, M.D. & Hogue, C.M. (2018). Psychological considerations for children and adolescents in sport and performance. In O. Braddick (Ed.), Oxford research encyclopedia of psychology (Vol. 1, pp. 1-27). Oxford University Press, https://doi.org/10.1093/acrefore/9780190236557.013.177
- (4) **Hogue, C.M.,** Fry, M.D., & Fry, A.C. (2017). The differential impact of motivational climate on adolescents' psychological and physiological stress responses. *Psychology of Sport and Exercise*, 30(1), 118-127. https://doi.org/10.1016/j.psychsport.2017.02.004

- (3) Breske, M.P., Fry, M.D., Fry, A.C., & **Hogue, C.M.** (2017). The effects of goal priming on cortisol responses in an ego-involving climate. *Psychology of Sport and Exercise*, 32(1), 74-82. https://doi.org/10.1016/j.psychsport.2017.06.001
- (2) **Hogue, C.M.**, Pornprasertmanit, S., Fry, M.D., Rhemtulla, M., & Little, T.D. (2013). Planned missing data designs for spline growth models in salivary cortisol research. *Measurement in Physical Education and Exercise Science*, *17*(4), 310-325. https://doi.org/10.1080/1091367X.2013.831766
- (1) **Hogue, C.M.,** Fry, M.D., Fry, A.C., & Pressman, S.D. (2013). The influence of a motivational climate intervention on participants' salivary cortisol and psychological responses. *Journal of Sport & Exercise Psychology* 35(1), 85-97. https://doi.org/10.1123/jsep.35.1.85

MANUSCRIPTS UNDER REVIEW/REVISING TO RESUBMIT

- **Hogue, C.M.** (under review). Ego-involving climates trigger inflammation, threat appraisals, and need frustration in an experimental investigation while caring, task-involving climates trigger adaptive responses.
- **Hogue, C.M.** (revising to resubmit). Caring climate emerges as essential to youth athlete well-being, complimented by a task-involving climate.

MANUSCRIPTS IN PREPARATION

- Fry, M.D., **Hogue, C.M.,** Wineinger, T.O.*, & Fry, A.C. The impact of the perceived motivational climate during a free throw shooting clinic on objective performance, improvement, effort, physiological stress, and psychological responses.
- **Hogue, C.M.**, Simmers, T.* & Guarneschelli, K.* Using achievement goal perspective theory and a stress-is-enhancing mindset to help protect youth athletes against performance stress: An applied investigation
- **Hogue, C.M.**, Wise, K.*, & Kenney, E.* Markedly different stress and motivational responses to the perceived motivational climate found in college students learning a new physical activity-based skill: A qualitative investigation of participant experiences.
- Hirsch, S.*, Fry, M.D., & Hogue, C.M. Employing self-determination theory to examine the sport experiences of athletes who did and did not complete their collegiate athletic eligibility.

PROJECTS IN PROGRESS / DEVELOPMENT

- **Hogue, C.M.** The impact of the perceived motivational climate on athletes' health, wellbeing, and continued interest to participate in sport.
- **Hogue, C.M.** & Smith, Z. The impact of the perceived motivational climate in collegiate sport and the use of wearable tech on athlete motivation, anxiety, effort, and team cohesion.
- **Hogue, C.M.** Teaching positive life skills to adolescent female athletes through sport and the impact on athlete well-being, motivation to engage in sport, and psychological coping.
- **Hogue, C.M.** & Moore, E.W.G. Gender differences in response to the perceived motivational climate on high school and middle school athletes' stress responses, psychological coping skills use, and perceived competence.

EXTERNAL GRANTS – Funded

- (12) **Hogue, C.M.** (2023) An experimental investigation examining athletes' inflammatory stress responses to the motivational climate during a free throw shooting clinic. *Association for Applied Sport Psychology* (\$5,000)
- (11) **Hogue, C.M.**, Wineinger, T.O., Scott, C. & Fry, M.D. (2021). The impact of the perceived motivational climate during a free throw shooting clinic on objective performance, improvement, effort, physiological stress, and psychological responses. *Association for Applied Sport Psychology* (\$4,980)
- (10) **Hogue, C.M.** (2018). The impact of a mental skills training intervention on psychophysiological responses to performance stress elicited by an ego-involving climate. *Association for Applied Sport Psychology* (\$4,997)
- (9) **Hogue, C.M.** & Fry, M.D. (2015). Youth physiological stress responses to motivational climate in a physical education setting. *Society of Health & Physical Educators* (\$2,498)
- (8) **Hogue, C.M.** & Fry, M.D. (2013). Participant inflammatory and cortisol responses during a motivational climate intervention. *Association for Applied Sport Psychology* (\$4,166)
- (7) **Hogue, C.M.** & Fry, M.D. (2010). Students' salivary stress responses when juggling in two distinct motivational climates. *Association for Applied Sport Psychology* (\$2,800)

INTERNAL GRANTS – Funded

(6) **Hogue, C.M.** (2020). The impact of the perceived motivational climate on athletes' health, well-being, and continued interest to participate in sport. *Pennsylvania*

- State University, Harrisburg Office of Research & Outreach and School of Behavioral Science and Education (\$17,961)
- (5) **Hogue, C.M.** (2019). An experimental investigation into the impact of the leader-driven motivational climate on participant psychological and physiological stress and motivational responses in a physical activity-based setting. *Pennsylvania State University, Harrisburg Office of Research & Outreach and School of Behavioral Science and Education* (\$4,275)
- (4) **Hogue, C.M.** (2017). The impact of mental skills training and motivational priming on psychophysiological stress responses in an achievement-based physical activity setting. *Pennsylvania State University, Harrisburg Office of Research & Outreach* (\$7,500)
- (3) **Hogue, C.M., &** Vanorsby, H. (2015). Adolescent physiological stress responses to the perceived motivational climate. *University of Kansas, School of Education Student Research Grant* (\$500)
- (2) **Hogue, C.M.,** Miller, S., Montgomery, T., Davis, M., & Lysaught, K. (2014). Participant inflammatory and cortisol responses to a motivational climate intervention. *University of Kansas, School of Education Student Research Grant* (\$1,250)
- (1) Fry, A.C. & **Hogue, C.M.** (2010). Perceived motivational climate and salivary cortisol. *University of Kansas Graduate Research Fund* (\$6,280)

GRANTS - In Progress/Under Review

- **Hogue, C.M.** (in progress) The impact of the perceived motivational climate and mental skills training on middle school student athletes' life skill development, well-being, and motivation to continue engaging in physical activity. *National Institutes of Health, R21 Grant* (\$275,000)
- **Hogue, C.M.** & Moore, E.W.G. (in progress) A longitudinal investigation of the impact of a motivational climate intervention with physical education teachers on high school students' well-being and motivation to continue engaging in physical activity. *National Institutes of Health, R01 Grant* (\$1,125,000)

GRANTS – *Not funded*

- Glover, K., Moore, E.W.G, & **Hogue, C.M.** (2020). Examining the effect of motivational climate on participants objective stress and immune functioning. *Association for Applied Sport Psychology* (\$5,000)
- **Hogue, C.M.** (2019). Athlete psychological and physiological markers of stress and well-being in response to an online achievement goal theory-based psychological

skills training program with DIII coaches and athletes. *NCAA Innovations in Research and Practice Grant Program* (\$25,000)

SUPERVISED STUDENT GRANTS / FUNDING

- Wise, K. (2022) Association for Applied Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$1,500 funded)
- Kenney, E. (2022) Association for Applied Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$1,500 - funded)
- Kenney, E. & Wise, K. (2022 Northeast Atlantic Sport Psychology Conference travel grant. *Penn State University, Undergraduate Research Funds & BSED* (\$776 funded)
- Guarneschelli, K. (2021) Association for Applied Sport Psychology annual conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$500 funded)
- Guarneschelli, K. (2021) Erickson Discovery Grant for undergraduate student research, *Penn State University.* (\$3,500 not funded)
- Harris, C. (2020) Association for Applied Sport Psychology annual conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$1,300 funded)
- Barr, A. (2020) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$144 funded)
- Maher, T. (2020) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$144 funded)
- Frickx, F. (2020) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$144 –funded)
- Silk, B. (2019). The impact of an achievement goal theory-based intervention with parents on youth responses to performance stress. *Penn State Harrisburg, Student Enrichment Fund* (\$1,000 funded)
- Silk, B. (2019). The impact of an achievement goal theory-based intervention with parents on youth responses to performance stress. *Erickson Discovery Grant, Penn State* (\$3,500 not funded)
- Robledo, J. (2019) Let's Talk! Mental health talk series: Minority mental health. *Penn State Harrisburg, Student Activity Fund* (\$585 funded)
- Bailey, A. (2019) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$554 funded)
- Barr, A. (2019) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$531 funded)
- Fredericks, S. (2019) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$500 –funded)
- Kemmerling, S. (2019) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$559 - funded)

- Maher, T. (2019) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$500 funded)
- Silk, B (2019) Northeast Atlantic Sport Psychology Conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$734 funded)
- Dogru, K. (2017) Association for Applied Sport Psychology annual conference travel grant. *Penn State Harrisburg, Student Activity Fund* (\$1,584 funded)

CONFERENCE PRESENTATIONS – *International/National* (*denotes student coauthor)

ORAL PRESENTATIONS

- (40) **Hogue, C.M.** (2023*) How leader behaviors and mental skills training may help athletes thrive psychologically and physiologically. Invited speaker for the <u>Wu Tsai Human Performance Alliance</u> Seminar Series, Stanford University, to be held virtually.
- (39) **Hogue, C.M.**, Fry, M.D., (2023*) Conducting collaborative, multidisciplinary research in applied sport psychology: the planning, lessons learned, and findings from an AASP Collaborative Research Grant Project. Oral presentation included as part of a symposium accepted for presentation at the annual meeting of the *Association for Applied Sport Psychology* to be held in Orlando, FL.
- (38) Didymus, F.F., Jorgensen, M., **Hogue, C.M.**, & Fry, M.D. (2023*) making a strong application for an AASP Research Grant: Reflections from committee chairs, reviewers, and grant winners. Panel accepted for presentation at the annual meeting of the *Association for Applied Sport Psychology* to be held in Orlando, FL.
- (37) **Hogue, C.M.** (2020, Oct.). The impact of a brief psychological skills training intervention on youth athletes' psychophysiological responses to performance stress elicited by an ego-involving climate. Oral presentation given at the annual meeting of the *Association for Applied Sport Psychology* held virtually.
- (36) **Hogue, C.M.** (2020, Oct.). Women in sport: What can applied sport psychology organizations learn from Cunningham's (2008) Model of Gender Diversity? Oral presentation included as part of the symposium, "Organizational Diversity in the Association for Applied Sport Psychology" presented at the annual meeting of the Association for Applied Sport Psychology held virtually.
- (35) **Hogue, C.M**. (2019, Oct.). A coaching education intervention for American Indian youth sport coaches at the Zuni Reservation. Oral presentation given as part of the symposium, "An Intervention to Assist Zuni Coaches to Create a Caring and Task-Involving Climate During Their Basketball Season" at the *Association for Applied Sport Psychology* annual conference held in Portland, OR.

- (34) **Hogue, C.M.** (2019, June). The protective impact of a mental skills training session and motivational priming on psychophysiological responses to performance stress. Oral presentation given at the *North American Society for the Psychology of Sport and Physical Activity* annual conference held in Baltimore, MD.
- (33) **Hogue, C.M. &** Fry, M.D. (2017, Oct.). The impact of the motivational climate in high school physical education classes on state cognitive stress & coping appraisals, life stress, and internalized shame. Oral presentation shared at the annual meeting of the *Association for Applied Sport Psychology* held in Orlando, FL.
- (32) **Hogue, C.M. &** Fry, M.D. (2017, March). The differential impact of motivational climate on adolescent stress responses. Oral presentation given at the annual meeting of the *Society of Health and Physical Educators* held in Boston, MA.
- (31) **Hogue, C.M.,** Fry, M.D., & Fry, A.C. (2016, Oct.). Physiological and psychological stress responses to a motivational climate intervention: An examination of college students' inflammation, cortisol, and psychological responses. Oral presentation shared at the annual meeting of the *Association for Applied Sport Psychology* held in Phoenix, AZ.
- (30) **Hogue, C.M.** & Fry, M.D. (2012, Oct.). The influence of a motivational climate intervention on participants' salivary cortisol and psychological responses. Oral presentation given at the meeting of the *Association for Applied Sport Psychology* held in Atlanta, GA.
- (29) Fry, M.D., Brown, T., **Hogue, C.M.**, & Sauer, S. (2011, April). Using digital storytelling as a creative tool in health. Oral presentation given at the *American Association for Health, Physical Education, Recreation, and Dance* (now SHAPE) Convention held in San Diego, CA.

PAPER PRESENTATIONS

- (28) **Hogue, C.M.** (2022, Oct.*). Ego-involving climate triggers inflammatory response in college age students learning a new physical activity-based skill, while learning in a caring, task-involving climate elicits adaptive responses. A paper presentation to be shared at the annual meeting of the *Association for Applied Sport Psychology* to be held in Fort Worth, TX.
- (27) Wise, K.*, Kenney, E.*, **Hogue, C.M.** (2022, Oct*). A qualitative investigation into the impact of the perceived motivational climate on male college students' motivations and experiences while learning a new physical activity-based skill. A paper presentation to be shared at the annual meeting of the *Association for Applied Sport Psychology* to be held in Fort Worth, TX.

- (26) **Hogue, C. M.**, Maggs, L.*, Guarneschelli, K.*, & Simmers, T.* (2021, Oct.) A qualitative assessment of the impact of an achievement goal theory-based mental skills training session on youth athlete responses to performance stress. A paper presentation shared at the annual meeting of the *Association for Applied Sport Psychology* held virtually.
- (25) **Hogue, C. M., &** Harris, C.* (2020, April). The perceived motivational climate on a high school track & field team linked to athlete depression, psychosocial stress, and perceived social support. A paper presentation shared at the annual meeting of the *Association for Applied Sport Psychology* held virtually.
- (24) Breske, M.P., Fry, M.D., Fry, A.C., & **Hogue, C.M.** (2017, Oct.). The effects of goal priming on cortisol responses in an ego-involving climate. A paper presentation shared at the annual meeting of the *Association for Applied Sport Psychology* held in Orlando, FL.
- (23) **Hogue, C.M.** & Fry, M.D. (2016, Oct.). Leader observations of participant responses to a motivational climate intervention A qualitative investigation. A paper presentation shared at the annual meeting of the *Association for Applied Sport Psychology* held in Phoenix, AZ.
- (22) Fry A.C., Sterczala A.J., **Hogue C.M.**, Fry M.D., Nicoll J.X. (2015, July). Salivary cortisol does not exhibit an anticipatory response prior to physical activity instruction in a research setting. A paper presentation shared at the annual meeting of the *National Strength and Conditioning Association* in Orlando, FL.
- (21) Fontana, M., Iwasaki, S., **Hogue, C.M.**, Claunch, J., Poux, K., & Fry, M.D. (2014, Oct.). Initiating mental skills training with a high school freshman baseball team. A paper presentation shared at the *Association for Applied Sport Psychology* held in Las Vegas, NV.
- (20) **Hogue, C.M.** & Fry, M.D. (2013, Oct.). A qualitative examination of participant reactions to a motivational climate intervention. A paper presentation shared at the *Association for Applied Sport Psychology* held in New Orleans, LA.
- (19) **Hogue, C.M.** & Iwasaki, S. (2011, Sept.). A case study of a physical activity/mental skills training intervention with a young athlete. A paper presentation shared at the meeting of the *Association for Applied Sport Psychology* held in Honolulu, HI.
- (18) **Hogue, C.M. &** Fry, M.D. (2010, Oct.). Incorporating team building activities in a summer day camp for children: Lessons learned. A paper presented at the meeting of the *Association for Applied Sport Psychology* held in Providence, RI.

(17) **Hogue, C.M**. & Fry, M.D. (2009, Sept.). Athlete perceptions of the climate at their training centers and their motivational responses. A paper presented at the meeting of the *Association for Applied Sport Psychology* held in Salt Lake City, UT.

CONFERENCE PRESENTATIONS – Local

ORAL PRESENTATIONS

- (16) Harris, C.*, Dehoff, M.* & **Hogue**, **C.M.** (April, 2021) An achievement goal theory-based psychological skills training session buffers youth athlete psychophysiological stress response to an ego-involving climate. An oral presentation given at the *Northeast Atlantic Sport Psychology Conference* held virtually.
- (15) **Hogue, C.M.** (2020, April). Using achievement goal perspective theory and a stress-is-enhancing mindset to help protect youth athletes against performance stress: An applied investigation. Oral presentation accepted for presentation at the *Northeast Atlantic Sport Psychology Conference* that was planned to be held in West Chester, PA.
- (14) **Hogue, C.M.** & Easton, L. (2015, Nov.). How to foster a caring, encouraging climate to help optimize the motivation and well-being of your guests. Oral presentation given to the *National Intramural Recreational Sports Association* held in Lawrence, KS.
- (13) **Hogue, C.M.** & Fry, M. (2015, Nov.). Motivating the high school and middle school athlete. Oral presentation given to the *Greenbush Coaches Conference Workshop* held in Eudora, KS.
- (12) **Hogue, C.M.** & Poux, K. (2014, Aug.). Teaching positive life skills through physical activity Cooperative games for positive youth development. Oral presentation given to the Kansas Enrichment Network Convention for the *KC Metro Afterschool Alliance* held in Olathe, KS.
- (11) **Hogue, C.M.** & Poux, K. (2013, Aug.). Incorporating physical activity into afterschool programs Where everyone is a winner. Oral presentation given to the Kansas Enrichment Network Convention for the *KC Metro Afterschool Alliance* held in Olathe, KS.
- (10) Fry, M.D. & **Hogue, C.M.** (2012, Nov.). Strong Girls: Sharing the benefits of a physical activity/positive life skills program from the leaders and kids. Oral presentation given to the *Kansas Association for Health, Physical Education, Recreation, and Dance Convention* held in Lawrence, KS.
- (9) Fry, M.D., Moore, W.G., **Hogue, C.M.**, Claunch, J., & McGee R. (2012, Nov.). Building mentally strong athletes: Ideas for incorporating mental skills training

- with sport teams. Oral presentation at the *Kansas Association for Health, Physical Education, Recreation, and Dance* convention held in Lawrence, KS.
- (8) **Hogue, C.M.** (2012, March). The influence of a motivational climate intervention on participants' salivary cortisol and psychological responses. Oral presentation given at the *University of Kansas, Graduate Research Competition* held in Lawrence, KS.
- (7) Fry, M.D., Brown, T., Moore, W., **Hogue, C.M.**, Beyer, J., & Iwasaki, S. (2010, Oct.). Team time! Team building activities for any group to use & process. Oral presentation given at the *Kansas Association for Health, Physical Education, Recreation, and Dance* convention held in Wichita, KS.

PAPER PRESENTATIONS

- (6) Kenney, E.*, Wise, K.*, & **Hogue, C. M.** (2022, April). Markedly different responses to the perceived motivational climate found in college students learning a new physical activity-based skill: A qualitative exploration of their response. A paper presented at the *Northeast Atlantic Sport Psychology Conference* held in West Chester, PA.
- (5) Guarneschelli, K.*, Simmers, T.* & **Hogue, C. M.**, (2021, April) A qualitative assessment of the impact of an achievement goal theory-based mental skills training session on youth athlete responses to performance stress. A paper presentation presented at *Penn State Harrisburg's Undergraduate Research Exhibition* held online.
- (4) **Hogue, C. M.,** Barr, A.*, Maher, T.*, & Pope, C.* (2020, April). An achievement goal theory-based psychological skills training session buffers youth athletes' psychophysiological stress response to an ego-involving climate. A paper accepted for presentation at the *Northeast Atlantic Sport Psychology Conference* that was planned to be held in West Chester, PA.
- (3) **Hogue, C.M.** & Harris, C.* (2020, April). The perceived motivational climate on a high school track & field team linked to athlete depression, psychosocial stress, and perceived social support. A paper accepted for presentation at the *Northeast Atlantic Sport Psychology Conference* that was planned to be held in West Chester, PA.
- (2) **Hogue, C.M.** (2013, March). A qualitative examination of participant reactions to a motivational climate intervention. A paper presented at the *University of Kansas, Graduate Research Competition* held in Lawrence, KS.

(1) **Hogue, C.M.** (2010, March). Incorporating team building activities in a summer day camp for children: Lessons learned. A paper presented at the *University of Kansas Annual Graduate Research* competition held in Lawrence, KS.

TEACHING EXPERIENCE

Pennsylvania State University

Kinesiology Program, Harrisburg Campus

Assistant Professor (Fall 2019 – current)

Assistant Teaching Professor (Fall 2017 – Fall 2019)

- Psychology of Sport Performance (KINES 429)
- Psychology of Movement Behavior (KINES 321)
- Meaning, Ethics, and Movement (KINES 345)
- Preparation for Research Project (KINES 497W)
- Research Project in Kinesiology (KINES 462)
- Research Skills in Kinesiology (KINES 260)
- The Cultural & Behavioral Foundations of Kinesiology (KINES 100)
- Action Methods for Stress Management (KINES 82)

University of Kansas

Health Sport & Exercise Sciences Department, Lawrence Campus

Graduate Teaching Assistant, 2009-2015

- Fry, Mary. Psychological Aspects of Exercise (HSES 385; 2012-2015)
- Fry, Mary. Applied Sport & Performance Psychology (HSES 440; 2012, 2014)
- Kerr, Barb. Positive Psychology (PSYCH 598)
- Lowcock, Phil. Personal & Community Health (HSES 260; > 350 students; 2009-2011)
- Greene, Leon. Physical Activity & Exercise Management for Individuals with Disabilities (HSES 480)

Guest Lecturer

Graduate Program – University of Kansas

Advanced Sport Psychology – The Ethics and Impact of PEDs (2016)

Undergraduate Kinesiology Program – Penn State

- Varsity Sport Experience Scranton (2021 & 2022) The good, the bad, and the powerful impact of performance stress.
- Varsity Sport Experience Harrisburg (2022) *How mental skills training can help you realize your full potential.*

PROFESSIONAL SERVICE & DEVELOPMENT - Academia

INVITED PEER REVIEWER/EDITOR

- Associate Editor:
 - o *Journal of Sport Psychology in Action* (2023-current)
- Editorial Board Member:
 - Journal of Applied Sport Psychology (2022-current)
 - o Journal of Sport Psychology in Action (2021-2023)
- Book Reviewer:
 - Fry, M., Gano-Overway, L., Guivernau, M., Kim, M. S., & Newton, M.
 (2019). A Coach's Guide to Maximizing the Youth Sport Experience: Work Hard, Be Kind. Routledge.

Grant Reviewer:

- National Aeronautics and Space Administration (NASA) Primary Reviewer, Subject Matter Expert. Human Exploration Research Opportunities (HERO): "Promoting Stress Tolerance, Adaptability, and Behavioral Health via Enhancing Exercise Protocols for Long-Duration Exploration Missions." (2018)
- Hershey Medical Center, Pennsylvania State University Primary Reviewer, Subject Matter Expert. Junior Faculty Research Scholar Grant Panel (April 20, 2020 - May 7, 2020)
- Hershey Medical Center, Pennsylvania State University Subject Matter Expert. PSU Pathway to Partnerships Grant Panel (August 19, 2019 – August 30, 2019)
- Penn State Harrisburg Smart Home Research Initiative Grant Panel (2019-2020)
 - Committee Chair Smart Home Research Initiative Grant Panel (SP/SU 2020)
- Penn State Harrisburg Office of Research and Outreach. EAGER Grant Proposal Reviewer (1/2021; 7/2022).
- Guest Reviewer:
 - Journal of Clinical Sport Psychology's special issue on "Living and Embracing Intersectionality in Sport" (2021)
- Journal Reviewer:
 - o Applied Psychology: Health and Well-Being (2018, 2019)
 - o Development and Psychopathology (2019, 2020)
 - o Health Psychology (2019)
 - o International Journal of Environmental Research and Public Health (2018, 2019)

- o International Journal of Sport & Exercise Psychology (2023)
- International Sport Coaching Journal (2018)
- o Journal of Adolescent Health (2021)
- o Journal of Applied Sport Psychology (2023)
- o Journal of Clinical Sport Psychology (2021, 2022)
- o Journal of Hospitality, Leisure, Sport & Tourism Education (2019)
- o Journal of Research on Adolescence (2019)
- o Journal of Sport Psychology in Action (2018, 2019, 2020, 2021, 2022, 2023)
- o Pediatric Exercise Science (2019)
- Psychology of Sport & Exercise (2018 2020, 2022)
- o Research Quarterly for Exercise and Sport (2019, 2020, 2021)
- o Scandinavian Journal of Medicine & Science in Sports (2016, 2017, 2018, 2019)
- Sport, Exercise, and Performance Psychology (2020)
- o The Sport Psychologist (2022)
- o Women in Sport & Physical Activity (2018, 2019, 2021)
- Newsletter reviewer:
 - o Academy of Nutrition and Dietetics (April 2020)

ASSOCIATION FOR APPLIED SPORT PSYCHOLOGY (AASP)

- Chair of the Doctoral Dissertation Award Review Committee (2023 current)
- Doctoral Dissertation Award Review Committee (2021 2023)
- Master's Thesis Award Review Committee (2021 2024)
- Research Development Committee Member (2019 2022)
- Webinar Co-host Mental Performance Consultant Exam Study Guide Chapter: "Foundational Psychological Theories, Models, and Constructs" (Nov. 2019)
- Textbook Chapter Co-author "Foundational Psychological Theories, Models, and Constructs". In AASP's Certified Mental Performance Consultant Exam Study Guide (2020)
- **Co-coordinator** Women in Sport, Special Interest Group (SIG; 2019-current)
- Reviewer, Research Grants (2019, 2020, 2021, 2022)
- **Award Development Lead** Collaborative Research Grants (2020)
- Reviewer, Abstracts (2009 2015, 2019, 2021, 2022)
- YouTube Video Grant Writing Advice for Students (2015)

PENN STATE, HARRISBURG

• **Academic Advisor:** *Kinesiology Department* (FA 2017 - SP 2018, FA2020 – current)

- **Accepted Student Program:** *Kinesiology Representative* (3/20/2021)
- Campus Committees
 - Sustainable Printing Subcommittee (2019-2021)
 - o "We Are Weekend" Committee (2020, 2021)
- Course Development
 - o KINES 491W
- Chancellor's Leadership Access Student Program Volunteer Mentor (Spring 2019)
- Excellence in Advising Awards Committee (2023)
- Faculty Advisor for Student Groups:
 - o Equestrian (2018-2022)
 - o Mental Health Matters (2018-2020)
 - o Dancing Lionettes (2018-2019)
 - o *Kappa Beta Gamma* (2021-current)
- Faculty Research Day Penn State Harrisburg, Panel Member (Oct. 8th, 2020)
- Faculty Senate Representative
 - School of Behavioral Sciences and Education (FA 2022- current)
- **Faculty Senate Liaison** Athletic Affairs (FA 2022-current)
- **Majors Fest** *Kinesiology Faculty Representative* (October 15th, 2020)
- **New Student Orientation:** *Kinesiology Faculty Representative* (2017, 2018, 2019)
- Parents and Family Weekend: Co-coordinator & Presenter (October 17th, 2020)
- Professional Development
 - Schreyer Institute for Teaching Excellence Inclusive Teaching: Why It Matters (Sept. 7, 2022)
 - Pennsylvania State University, Harrisburg Implicit Bias, Privilege, and Microaggressions Webinar/Workshop (Feb. 2, 2021)
 - Pennsylvania State University, Clinical and Translational Science Institute –
 Early-Stage Investigator Program (KL2) Workshop (Sept. 16, 2021)
 - o *Pennsylvania State University, Harrisburg Student Life & Intercultural Programs* International Cultural Etiquette Workshop (Apr. 15, 2021)
 - Hanover Research Keys to a Competitive NSF CAREER Grant Webinar (3/23/2021)
 - Pennsylvania State University, Harrisburg (Center for Teaching Excellence) –
 Supporting Students in Building Their Spring 2021 Schedules (10/12/2021)
 - Fulbright Webinar on the U.S. Scholar Application Walk Through (Aug. 28, 2020)
 - Pennsylvania State University, Harrisburg (Office of Research and Outreach) –
 Open Forum (8/4/2020)

- Emory University, Goizueta Business School "Rethinking Stress" Webinar (7/29/2020)
- Pennsylvania State University, Harrisburg (Center for Teaching Excellence) –
 Strategies and Considerations for Mixed Mode Instruction (7/21/2020)
- SAGE Publishing Having Conversations About Race in the Classroom (6/30/2020)
- *Robert Wood Johnson Foundation* Evidence 4 Action Webinar (6/23/2020)
- *National Science Foundation* CAREER Program Webinar (5/13/2020)
- Pennsylvania State University Commonwealth Campuses Grant Writing Workshop (5/12-5/13/20)
- Pennsylvania State University Online Teaching Training Canvas, Kaltura and Zoom: Enabling Continuity of Instruction (3/12/2020)
- Pennsylvania State University (Center for Teaching Excellence) APA Style
 Citation Refresher and Updates. (2/20/2020)
- National Aeronautics and Space Administration (NASA) Pre-proposal Conference for NASA Research Announcement, Human Exploration Research Opportunities. (August 16, 2019)
- o Pennsylvania State University Safer People Safer Places Training (2019)
- Pennsylvania State University (University Park) Inclusive Mentoring Workshop (October, 15, 2019)
- Pennsylvania State University Innovations in Healthcare Technology (October, 10 2019)
- Pennsylvania State University Faculty Forum on Engagement (September 24, 2019)
- Pennsylvania State University Learn about the Academic Culture of our International Students Workshop (October 1, 2019)
- NVivo Research Network NVivo Thematic Analysis with NVivo (March 3, 2021)

Search Committees

- Assistant Professor of Clinical Psychology (2021-2022)
- Assistant Teaching Professor of Kinesiology (2019-2020)
- Coordinator of Athletic Programs & Head Volleyball Coach (SU 2019)
- o Research Technologist II (SU 2019)
- o Research Technologist II (SU 2020)

• Supervision of Undergraduate Student Research

- 2022- Kyla Wise, Elizabeth Kenney, Kristen Guarneschelli & Tiffaney
 Simmers
- 2021 Kristen Guarneschelli, Khorine Lucien, Tiffaney Simmers, Andre Tate

- 2020 Alexa Barr, Caitlyn Pope, Skye Williams, Haley Vavrek, Tyler Maher, Chris Harris, Leah Maggs, Michael Dehoff, Leah Pastal, Brittany Short
- o 2019 Brittanie Silk, Zebulon Hammond
- o 2018 Shanique Mattis, Tina McGee

• Supervision of Graduate Student Research

- Autumn Barber (2022-2023) Master's Thesis Chair, Applied Clinical Psychology Program
 - Award Winner Penn State Harrisburg's Research Award for Excellence in Information Literacy
- o Farheen Amin (2022-current) Master's Thesis Third Reader
- Ammanda Maldonado (2021-2022) Master's Thesis Chair, Applied Clinical Psychology Program

• Undergraduate Exhibition Judge

- o University Park, Undergraduate Student Exhibition (Apr. 2020)
- o Penn State Harrisburg, Undergraduate Student Exhibition (Apr. 2021)
- "We Are Weekend" Kinesiology faculty presentation (2018, 2019)

MIDWEST SPORT & EXERCISE PSYCHOLOGY SYMPOSIUM (2/2019)

- "Developing a Research Agenda Workshop" guest presenter
- "Preparing for a Faculty Position Panel" guest presenter

WAYNE STATE UNIVERSITY

- Dissertation Committee Member
 - o Glover, K. (Advisor: Moore, E. W. G.) Anticipatory inflammatory and cortisol response to the perceived motivational climate in a physical activity-based setting. *Kinesiology Department* (2020-2022)

UNIVERSITY OF KANSAS

- Master's Thesis Committee Member
 - o Troy Wineinger. (Advisor: Fry, M. D.) Validation of the utilization of climate and motivational measures from the physical activity setting to the college laboratory setting. *Department of Health, Sport & Exercise Sciences* (2019-2020)
- **Founding President:** KU Sport & Exercise Psychology Club (2013-2017)
- **Conference Committee:** *Professionals for Disability* (2014)

- **Hiring Committee Department Chair:** *Health, Sport & Exercise Sciences Department,* Student Representative (2012)
- **Faculty Advisor:** *Delta Epsilon Mu Pre-Health Fraternity* (2010-2012)

EMORY UNIVERSITY

- Inter-Sorority Council Leader Delta, Delta Sorority (1999-2000)
- **Greek Life Officer** (1999-2000)

SELECTED PROFESSIONAL SERVICE HIGHLIGHTS – Community Outreach

- Mental Skills Program & Coaching Education Consultant Youth Sport Uganda (2022-current)
- Coach Educator Division III women's volleyball and softball teams (2017current)
- Positive Youth Development Program for Underserved Athletes Harrisburg, PA (2018-2019)
- Coach Educator for Indigenous Youth Sport Leaders Zuni Youth Enrichment Project (2018-2019)
- "Camp WIN" Expansion Committee Women's Intersport Network, KC Sports Commission & Foundation (2016-2017)
- "Live Active" Committee, Camp WIN Women's Intersport Network, KC Sports Commission & Foundation (2014-2017)
- Coach Educator Guatemala "Game On" Program, Children International (2016)
- Event Coordinator Staff & Faculty "Feel Good Fitness" Wellness Fair, University of Kansas (2014)
- Assistant to the Directors *Strong Girls, University of Kansas* (2009-2011)

APPLIED SPORT & EXERCISE PSYCHOLOGY OUTREACH

- KU Sport and Exercise Psychology Lab, **Hogue, C.M.** (Aug. 2023). Coaching clinic for Brush School District coaches, Colorado.
- **Hogue, C.M.** (SU FA 2022). Coach education, mental skills training with high school girls' volleyball team, and parent education workshops for athletes' parents.
- **Hogue, C.M.** (SP 2022 current). Coach educator Division III collegiate women's softball team.
- **Hogue, C.M.** (SP 2022- current). Mental performance consultant Division III collegiate women's softball team.

- **Hogue, C.M.** (FA 2017 current). Coach educator Division III collegiate women's volleyball team.
- **Hogue, C.M.** (FA 2017 current). Mental performance consultant Division III collegiate women's volleyball team.
- **Hogue, C.M.** (FA 2019 SP 2020). Extended psychological skills training program and coaching education for a high school girls' basketball team.
- **Hogue, C.M.** (SU 2018 SP 2020). Coach educator youth girls' volleyball club and high school girls' teams.
- **Hogue, C.M.** (Jan., 2020). Mindset training for a positive focus with youth girls basketball players.
- **Hogue, C.M.** (Sept. 2018). Defining success on your terms: What it means to be an empowered athlete. Presentation for female athletes youth club volleyball organization.
- **Hogue, C.M.,** Silk, B., & Conrad, B. (Feb. 2018-May 2018). Mental skills training intervention for youth athletes 16's club women's volleyball team.
- **Hogue, C.M.** & Easton, L. (2016, Jan.). Training for motivation and well-being Ambler Staff Training, University of Kansas held in Lawrence, KS.
- **Hogue, C.M.** & Easton, L. (2015, Aug.). Optimizing the motivation and well-being of your guests Ambler Staff Training, University of Kansas held in Lawrence, KS.
- **Hogue, C.M.** & Bodenbach, A. (SP 2014). Performance anxiety intervention with an elite female high school long-distance runner.
- **Hogue, C.M.** (FA 2014). Performance anxiety intervention with a competitive female high school volleyball player.
- **Hogue, C.M.** (2011-2014). Teaching mental skills to a competitive female cheerleader: Overcoming injury-related anxiety and enhancing quality of life through sport and mentorship.
- KU Sport and Exercise Psychology Lab (2013). Team building and mental skills training intervention with a 6a high school baseball team.
- KU Sport and Exercise Psychology Lab (2013). Teaching positive life skills to at risk teens through mental skills training activities.
- **Hogue, C.M.** (2012). Off-season commitment: What it means and why it's important. Presentation on the importance of off-season commitment for a hundred and twenty NAIA college athletes.
- **Hogue, C.M.** & Fry, M.D. (2010-2011). Mental skills training intervention with Division I athletic trainers.
- KU Athletics & **Hogue, C.M.** (2010). Team building and mental skills retreat with Division I collegiate women's volleyball team.
- **Hogue, C.M.** & Moore, W. (2010). Stress management intervention with undergraduate business students.

- KU Athletics & **Hogue, C.M.** (2010). Team building and mental skills retreat with Division I collegiate women's soccer team.
- **Hogue, C.M.**, Iwasaki, S. & Fry, M.D. (2009-2010). Positive living skills intervention with a 10-year-old male athlete.
- **Hogue, C.M.** & Fry, M.D. (2009). Mental skills training intervention with Division I female college athlete.
- **Hogue, C.M.** & Moppin, J. (2009). Team building and mental skills training intervention with an elite nationally ranked 18's Gold women's softball team.
- KU Athletics & **Hogue, C.M.** (2009). Team building and mental skills retreat with Division I Collegiate women's volleyball team.
- **Hogue, C.M.** & Moppin, J. (2009). Leadership development with team captains of an elite nationally ranked 18's Gold women's softball team.
- KU Sport and Exercise Psychology Lab. (2009). Mental skills training intervention with 6A high school cheerleading team.
- Fry, M.D., **Hogue, C.M.**, & KU Athletics (2008-2009). Mental skills intervention with a Division I collegiate women's volleyball team.

MEDIA MENTIONS

- Penn State Harrisburg (Sept. 8, 2021) <u>Kinesiology Professor Awarded Dorothy V. Harris</u>
 Memorial Award
- The Association for Applied Sport Psychology (July 31, 2020) <u>Young Sport Psychologist</u> <u>Researcher Award</u>
- Bergland, C. (Sept. 11, 2019) <u>8 Research-Based Reasons to Rose-Tint Some Childhood</u>
 <u>Memories</u>, Psychology Today
- Bergland, C. (Aug. 11, 2019) <u>3 Counterintuitive Benefits of a Stress-Is-Enhancing Mindset</u>, Psychology Today
- Krings, M. (Jan. 22, 2018). <u>Priming Can Negate Stressful Aspects of Negative Sporting Environments, Study Finds</u> KU News
- Hogue, C. M. (Feb., 2017) <u>How Coaches Can Reduce the Stress Levels of Their Athletes</u>, Positive Coaching Alliance Podcast Interview PCA Development Zone
- DeAngelis, T. (Nov. 2016) <u>Put Me In, Coach: How to Spark Kids' Love of Sports</u>. American Psychological Association, Monitor on Psychology
- Hogue, C. M. & Fry, M. D. (Summer 2015). <u>Participant Inflammatory and Cortisol</u>
 <u>Responses During a Motivational Climate Intervention</u>. Association for Applied Sport Psychology Summer Newsletter
- Bruce, G. (Aug. 25th, 2013) Rejuggling Our Beliefs. Lawrence Journal World.
- Krings, M. (Dec. 5, 2012) <u>Juggling Study Ties Stress Levels To Competitive Learning</u>
 <u>Environment</u>. KU News
- Ibrahimi, R. (July 9, 2012) Camps Keep Kids Active, Making Friends. The Daily Kansan

PROFESSIONAL CONFERENCES

- Association for Applied Sport Psychology (St. Louis, MO 2008; Salt Lake City, UT 2009; Providence, RI 2010; Honolulu, HI 2011; Atlanta, GA 2012; New Orleans, LA 2013, Las Vegas, NV 2014; Indianapolis, IN 2015, Phoenix, AZ 2016; Orlando, FL 2017; Portland, OR 2019; virtual 2020; virtual 2021; Fort Worth, TX 2022*)
- North American Coach Development Summit (virtual, 2022)
- Society for Health and Physical Educators (San Diego, CA 2011; Boston, MA 2017)
- North American Society for the Psychology of Sport and Physical Activity (Baltimore, MD 2019)
- Northeast Atlantic Sport Psychology Conference (Philadelphia, PA 2019; West Chester, PA 2020, 2021, 2022)
- Midwest Sport & Exercise Psychology Symposium (Lexington, KY 2019)
- Kansas Association for Health, Physical Education, Recreation and Dance (Pittsburg, KS 2009; Wichita, KS 2010; Lawrence, KS 2012)

PROFESSIONAL ASSOCIATIONS

- **Association for Applied Sport Psychology** *Member*, 2008-current
- **American Psychological Association** *Invited member*, 2018-current
 - o APA Division 47: Exercise & Sport Psychology Member, 2018-current
- North American Society for the Psychology of Sport and Physical Activity Member, 2018-current
- Sigma Xi Scientific Research Society Member, 2011-2019
- Society of Health & Physical Educators of America Member, 2010-current
 - Kansas Association for Health, Physical Education, Recreation & Dance Member, 2009-2017
 - The Pennsylvania State Association for Health, Physical Education,
 Recreation, & Dance Member, 2018-current